

Access 7 – Term 3 – Unit 8 – Lesson 2

How do young people spend their free time? Watching TV? Riding a bike? Doing homework? We asked 1,000 young people to tell us what they do at the weekend.

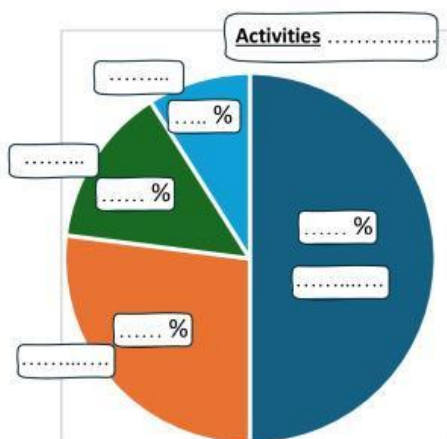
Activities outside

Around 50% of young people say they play sports. Football, basketball and swimming were the most popular. Many young people also go walking at the weekend. 14% said they like walking in the park and 9% said they like having picnics. Nearly 27% of young people said working in the garden was one of their top activities.

Activities at home

Around 5% of the people whom we asked said that they liked to read books in free time. Watching TV and using the internet were very popular, too. 80% of people chose the Internet as their favourite way to spend time. 15% of people said they like making cakes at the weekend. We're not sure how much time they spend eating them.

Complete the charts with information from the text.



Sports
Parks
outside
Internet
Gardening
inside
Books
cakes
Picnics

