LANGUAGE CENTER – TACNA
JORGE BASADRE GROHMANN UNIVERSITY
CODE:001-2019 FIRST SEMESTER

American
ENGLISH FILE
SECOND EDITION

FOURTEENTH CYCLE EXAM

PART 1

Questions 1-5

You are going to read a text about ***"Women and their relationship with food"***. Five headings have been removed from the text. Choose from the sentences A-F the one which fits each gap (1-5). There is one extra sentence which you don't need to use.

Women and their relationship with food



1 _____

Yes, definitely. For me good meals with the family make me happy.

2 _____

I'm very traditional and I have three main meals a day. For breakfast, I like hot chocolate and bread and butter with honey or jam. For lunch, I often eat in a restaurant with my co-workers. I usually have vegetables and meat for fish, but I love pasta and rice, too. In the afternoon, I have fruit with cookies or a piece of chocolate. In the evening, I have proper meal with my family..

3 _____

Yes, I cook every evening for my family, I often make soup or traditional French dishes like boeuf bourguignon, which is a kind of beef and red wine stew, and then we have cheese and salad. I may seem a lot, but we don't eat big servings. What's important to me is quality, not quantity.

4 _____

Not at home. I think most of the food I cook is healthy. Occasionally when I eat out I have something unhealthy, but it doesn't worry me.

5 _____

Yes, I'm trying to less chocolate..

A. Do you ever cook?

B. Are you trying to cut down on anything at the moment?

C. Do you ever eat "unhealthy" food? How do you feel about it?

D. Is food a pleasure for you?

E. Are people's diets in your country getting better or worse?

F. What do you normally eat on a typical day?

LIVEWORKSHEETS

PART 2
Questions 6-15
Read the text and choose the correct word for each space. For each question, mark the correct letter A, B, C or D.
Example:

0	**A**. from	**B**. by	**C**. to	**D**. for	**0** **D**

FOOD

My favorite thing 0 ..... breakfast is my mum's delicious zucchini pancakes. In winter she makes pumpkin pancakes that (6)..... great too. We don't (7)..... have time for pancakes on school days but at weekends I love to get up and make (8)..... for my family. Anyway, they are really easy (9)..... make. Basically you mix up the dry ingredients in one bowl: flour, sugar, salt and cinnamon. Then in another bowl you (10) ..... the eggs, oil and milk with the grated zucchini (or grated pumpkin). Slowly add the (11) ..... ingredients to the wet ones and mix until smooth. Add some baking powder to make them light and fluffy. Put a (12) ..... oil on a big frying pan and when it's hot, put some spoonfuls of mixture onto the pan. Cook for 2-3 minutes until (13) ..... and then turn them over. I like to eat (14) ..... with yogurt and strawberries or with jam and cream. My sister likes hers with cream cheese and ham! They are so versatile and so delicious. If you have any (15) ..... over, you can freeze them or put them in a tupper dish. They are great toasted too.

6.	A. are	B. is	C. make	D. tasting
7.	A. never	B. sometimes	C. often	D. hardly
8.	A. it	B. they	C. their	D. them
9.	A. me	B. for	C. that	D. to
10.	A. combine	B. push	C. break	D. complete
11.	A. fat	B. dry	C. sweet	D. dull
12.	A. little	B. few	C. bit	D. lot
13.	A. golder	B. goldy	C. golden	D. gold
14.	A. me	B. mines	C. my	D. mine
15.	A. taken	B. given	C. left	D. gone

PART 3
Questions 16-20
Read the words and give a definition in English.
Example:

0 Mortgage (n)	**0**	Money that you borrow from a bank.

16. Ready-made food(n) .....
17. stressful (n) .....
18. protein (n) .....
19. boarding school (n) .....
20. Childhood (n) .....

PART 4
Questions 21 - 25
Write sentences using these words. You can write them in present, past or future.
Example:

0 inherit (v)	**0**	When my grandmother died my dad inherited $ 100,000

21. waste (v) .....
22. invest (v) .....

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23. *owe* (v) .....

24. borrow (v) .....

25. raise (v) .....

PART 5

Questions 26 – 30

Read the text below and answer the questions. Choose the correct answer A, B, C or D.

Three Common Myths About Fast Food

Salads are healthier than hamburgers

Did you know that salads can have more calories than a medium-sized pizza? This is because of the cheese, meat, and oil they contain, which are not exactly low in calories. Not all salads are bad and it is true that most of them are healthier than hamburgers and chips, but be careful! To decide which salads are healthy and which are not, simply have a look at the fat, carb and salt contents of the salad you are about to order – that should help you decide if you want it or not! Tip: Always ask for a salad and the dressing separately. That way you can control how much you put on.

Eating lots of fast food will cause addiction

This is a hotly debated topic nowadays. Some people claim that fast food chains are intentionally putting addictive chemicals in their food to make people come back for more. Although the number of people going to fast food restaurants has rocketed over the past few years, this is not necessarily because of any secret addictive ingredient.

Fast Food Is unhealthy and Makes you fat

This myth is partially true but not because it is fast food. Any food consumed in large amounts will make you fat. It is also true that most fast food contains high amounts of fat (sauces, cheese and meat), sugar and lots of salt, which encourages you to drink more. If you drink water, then OK, but most fast food outlets sell soft drinks like Coca-Cola, Fanta, etc. These gassy drinks are extremely unhealthy because the soda 'eats' away your bones and they don't quench your thirst because they are full of sugar or sweeteners. Even the low calorie drinks are bad for you because of the soda.

26. Salads can be surprisingly high in calories because ...
a) there is too much salt in them.
b) the quality of the food is poor.
c) they have hidden ingredients.
d) they can have a lot of fats.

27. The author suggests ...
a) not having any salad dressing.
b) serving yourself the salad dressing.
c) choosing a different salad dressing.
d) taking low calorie dressing.

28. She ... there are addictive ingredients in fast foods.
a) doesn't believe that
b) isn't sure if
c) can't decide if
d) is convinced that

29. Fast food usually has lots of ...
a) salt.
b) fat.
c) salt.
d) all of the above.

30. You quickly get thirsty again after a soda because ...
a) it has too much gas.
b) it is sugary.
c) it has too many calories.
d) it doesn't have any water.

PART 6

Questions 31 – 35

Complete the second sentence so that it has a similar meaning to the first sentence. Use between one to three words,

Example:

0 I've decided not to go to work today.

I ..am not going.. to work today.

0	Am not going

LIVEWORKSHEETS

31. My sister doesn't like fish or seafood.

My sister …… fish or seafood.

32. What are you going to do when you graduate from school?

What ……when you graduate from school?

33. I am going to meet my friends this afternoon.

I…… friends.

34. He has worked in a bank for 10 years.

Frank has ……in a bank for 10 years.

35. Can I borrow some money?

Can you……some money?

PART 7

Questions 36- 45

Read the sentences below. Use the word given in capitals at the end of some of the lines to form a word that fits in the gap in the same line. There is an example at the beginning.

Example:

0 We went to a really ....interesting.... little restaurant last night. **INTEREST**

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36. Blueberries and cocoa can raise ……levels for up to five hours	**CONCENTRATE**
37. Food is high in protein helps your brain to work more ……	**EFFICIENT**
38. For ……and to sleep better, eat carbohydrates	**RELAX**
39. Dark green vegetables and oily fish eaten……can help to fight depression.	**REGULAR**
409. Cheap restaurants ……serve bad food.	**USUAL**
41. Not all fast food is ……..	**HEALTH**
42. 50% of people think a new baby in the family brings more……	**HAPPY**
43. I am……! I haven't eaten all day..	**STARVE**
44. I have positive memories of my ……..	**CHILD**
45. There are millions of …… people in the world.	**HOME**

PART 8

Questions 46-50

Complete the sentences using the **present continuous, going to or will.**

46. (You have a friend who is pregnant.)

- She (have)… a baby soon.

47. (Your friend promises to keep your secret)

- - I promise I (not/tell)… anybody.

48. (You see some dark clouds coming nearer)

- It's (rain)…„.

49. (You've planned to watch a movie this weekend.)

- I (watch)… a science fiction movie.

50. (You just know it's your best friend's birthday)

- I(buy)… her a present.

LIVEWORKSHEETS