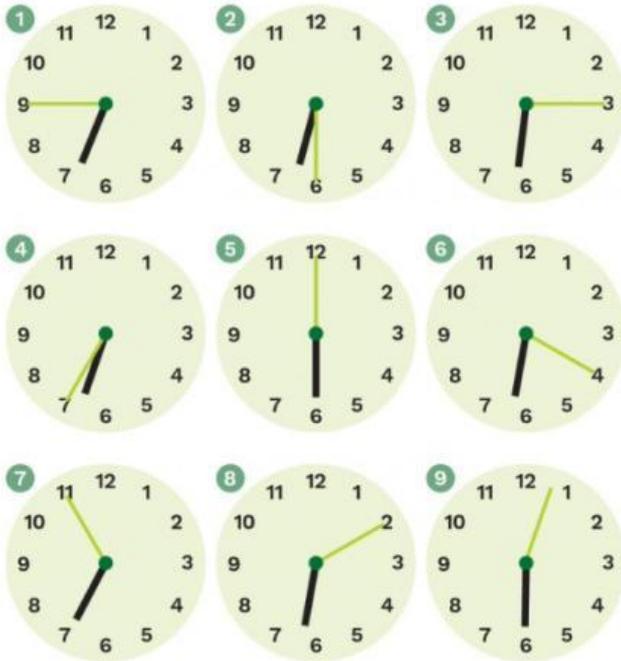


## 1 Telling the time



### a Match the clocks and phrases.

- It's (a) quarter past six.
- It's six o'clock.
- It's (a) quarter to seven.
- It's ten past six.
- It's five to seven.
- It's twenty-five to seven.
- It's half past six.
- It's three minutes past six.
- It's twenty past six.

### b 3.25 Listen and check.

#### Time

You can ask for the time in two ways:  
*What time is it?* **OR** *What's the time?*  
 For times which are not multiples of five, we use *minutes*, e.g. 6.03 = *It's three minutes past six.*  
 When you can't be exact, use *about*:  
*What time do you get up?*  
 At **about** 7.00.

### ACTIVATION Cover the phrases and look at the clocks. Ask and answer with a partner.

What time is it? / What's the time?      It's...

p.30

## 2 Expressions of frequency

### a Complete the expressions.

#### How often do you see your friends?

- 1 every /'evri/ day      M, T, W, Th, F, S, S
- 2 every w\_\_\_\_\_      week 1, week 2, week 3, etc.
- 3 every m\_\_\_\_\_      January, February, March, etc.
- 4 every y\_\_\_\_\_      e.g. 2023, 2024, 2025, etc.
- 5 once /wʌns/ a \_\_\_\_\_      e.g. only on Mondays
- 6 twice /twais/ a \_\_\_\_\_      e.g. on Mondays and Wednesdays
- 7 three times a \_\_\_\_\_      e.g. on Mondays, Wednesdays, and Fridays
- 8 four times a \_\_\_\_\_      e.g. in January, April, July, and October

### b 4.14 Listen and check.

### ACTIVATION Cover the left-hand column. Test yourself.

## 3 Adverbs of frequency

### a What do the **highlighted** words mean? Match sentences 1–6 to a–f.

- 1  **always** /'ɔ:lweɪz/ get up at 7.00 during the week.
- 2  **often** /'ɒfn/ go to the cinema after work.
- 3  **usually** /'ju:ʒuəli/ finish work at 6.00.
- 4  **sometimes** /'sʌmtaɪmz/ meet a friend for lunch.
- 5  **hardly ever** /'hɑ:dli 'evə/ go to the theatre.
- 6  **never** /'nevə/ have coffee.

- a About seven or eight times a month.
- b I start work at 8.00 every day.
- c But on Fridays we stop at 3.00.
- d I don't like it.
- e Only once or twice a year.
- f About once or twice a month.

#### normally

*Normally* /'nɔ:məli/ is the same as *usually*.  
*I normally get up early. = I usually get up early.*

### b 4.15 Listen and check.

### c 4.16 Listen and repeat the **highlighted** adverbs of frequency.

### ACTIVATION Cover sentences 1–6 and look at a–f. Can you remember the sentences?

p.36