

Student's name:

Date:

### Writing about Healthy Habits using Padlet

#### Objective of the activity:

Students will develop writing skills by organizing ideas, rewriting sentences, and creating a short text about healthy eating habits using Padlet.



**Write a short paragraph (5–7 sentences) about your healthy habits and post it on Padlet.**

**Link to access the Padlet:**

### Activity 1: Unscramble the sentences

**Put the words in order to form correct sentences:**

1. **every / eats / she / vegetables / day**

2. \_\_\_\_\_

3. **drink / water / should / you / daily**

4. \_\_\_\_\_

5. **fast food / he / eats / often**

6. \_\_\_\_\_

Student's name:

Date:

## Activity 2: Rewrite the sentences

**Rewrite the sentences in a correct and better way:**

1. she eat fruit every day

2. \_\_\_\_\_

3. he don't like vegetables

4. \_\_\_\_\_

5. they eats junk food

6. \_\_\_\_\_

## Activity 3: Complete the text

**Complete the paragraph with your own ideas:**

**I think healthy eating is important because**

\_\_\_\_\_.

**Every day, I eat \_\_\_\_\_ and I drink**

\_\_\_\_\_.

**I try to avoid \_\_\_\_\_ because it is not good for my health.**

**In my opinion, healthy habits help people**

\_\_\_\_\_.