INSPIRED TOTS EARLY LEARNING CENTER

PRE-K SECOND TERM EXAMINATION 2025/2026 SESSION

HEALTH HABITS

1. Food is anything we _____ to make our _____strong.
2. The following are types of food except (a) Stone (b) Fruit (c) Eggs
3. **Match the food based on their names.**

Fruits

Vegetables

Meat

4. Food makes us _____.
5. Food makes us _____.
6. Food helps our body to fight _____.
7. Mention one of your favorite foods _____.
8. A balanced diet is a food that contains all the _____ the _____needs.

LIVEWORKSHEETS

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Look at the pictures carefully and match appropriately.

9.**Carbohydrates.**

10. **Protein**

11. **Fat and oil**

12. **Vitamins**

13.**Water**

LIVEWORKSHEETS

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Look at the pictures carefully and select only the healthy food.

Jollof rice

Bugger

Look at the pictures carefully and say what the children are doing.

LIVEWORKSHEETS