

1 Read and find the answer. Circle A, B, or C.

Example I went to a birthday party yesterday. I ate a lot of candy. Today I don't feel good. I shouldn't eat anything. What's the matter?

- (A) A stomachache
- (B) An earache
- (C) A cough

-
- 1 I watched a lot of TV and played video games yesterday. My head feels bad. My dad says I should take some medicine and rest. What's the matter?
 - (A) A cold
 - (B) A headache
 - (C) A sore throat
 - 2 I can only eat soup and drink water today. My face looks large on one side. Mom says I should go to the dentist. What's the matter?
 - (A) A toothache
 - (B) An earache
 - (C) A fever
 - 3 I feel very bad today. I can't speak loudly. Dad says I shouldn't talk or sing, and I should drink some orange juice or tea. What's the matter?
 - (A) An earache
 - (B) A fever
 - (C) A sore throat

2 Look at the pictures. Read the words. Which words go with the picture? Circle A, B, or C.

Example

(A)

He has a stomachache.

(B)

He doesn't have a stomachache.

(C)

He should eat some food.



- 1 (A) He should play soccer.
(B) He should lie down and rest.
(C) He should listen to loud music.



- 2 (A) He shouldn't go swimming.
(B) He should go swimming.
(C) He has an earache.



- 3 (A) She has a stomachache.
(B) She shouldn't drink water.
(C) She has a cough.



- 4 (A) He should go to the dentist.
(B) He should go to school.
(C) He should eat some candy.



- 5 (A) She shouldn't stay at home.
(B) She shouldn't go to school.
(C) She shouldn't rest in bed.



3 Read the letter. Answer the questions. Circle A, B, or C.

Hi Mom and Dad,

I really like this school camping trip. We are learning a lot about healthy food and exercise. Every day we have fruit and cereal for breakfast. Then we go for a walk next to the river. For lunch we have fish and rice and vegetables. We only drink water because soda has a lot of sugar. In the afternoon, we do a lot of fun activities. We play tennis or basketball. Yesterday my team won the basketball game! In the evening, we have a small dinner, and then we write in our health journals. We go to bed early and then we get up early the next day.

Guess what? I don't like candy anymore! (Haha! Only joking!)

Love,

Nga

Example Where is Nga?

- (A) In the city
- ☒ (B) On a school trip
- (C) At a museum

-
- 1 What is Nga learning about?
 - (A) Tennis and basketball
 - (B) Healthy food and exercise
 - (C) Camping and walking
 - 2 What do the children have for lunch?
 - (A) Rice, fruit, and fish
 - (B) Fish, noodles, and fruit
 - (C) Rice, vegetables, and fish
 - 3 What do they do in the evening?
 - (A) They write in their journals
 - (B) They eat cake and candy
 - (C) They get up early