1 Read and find the answer. Circle A, B, or C.

Example I went to a birthday party yesterday. I ate a lot of candy. Today I don't feel good. I shouldn't eat anything. What's the matter?

(A) A stomachache
(B) An earache
(C) A cough

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1 I watched a lot of TV and played video games yesterday. My head feels bad. My dad says I should take some medicine and rest. What's the matter?

(A) A cold
(B) A headache
(C) A sore throat

2 I can only eat soup and drink water today. My face looks large on one side. Mom says I should go to the dentist. What's the matter?

(A) A toothache
(B) An earache
(C) A fever

3 I feel very bad today. I can't speak loudly. Dad says I shouldn't talk or sing, and I should drink some orange juice or tea. What's the matter?

(A) An earache
(B) A fever
(C) A sore throat

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2 Look at the pictures. Read the words. Which words go with the picture? Circle A, B, or C.

Example (A) He has a stomachache.
(B) He doesn't have a stomachache.
(C) He should eat some food.

1 (A) He should play soccer.
(B) He should lie down and rest.
(C) He should listen to loud music.

2 (A) He shouldn't go swimming.
(B) He should go swimming.
(C) He has an earache.

3 (A) She has a stomachache.
(B) She shouldn't drink water.
(C) She has a cough.

4 (A) He should go to the dentist.
(B) He should go to school.
(C) He should eat some candy.

5 (A) She shouldn't stay at home.
(B) She shouldn't go to school.
(C) She shouldn't rest in bed.

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3 Read the letter. Answer the questions. Circle A, B, or C.

Hi Mom and Dad,
I really like this school camping trip. We are learning a lot about healthy food and exercise. Every day we have fruit and cereal for breakfast. Then we go for a walk next to the river. For lunch we have fish and rice and vegetables. We only drink water because soda has a lot of sugar. In the afternoon, we do a lot of fun activities. We play tennis or basketball. Yesterday my team won the basketball game! In the evening, we have a small dinner, and then we write in our health journals. We go to bed early and then we get up early the next day.
Guess what? I don't like candy anymore! (Haha! Only joking!)
Love,
Nga

Example Where is Nga?

(A) In the city
(B) On a school trip
(C) At a museum

1 What is Nga learning about?
(A) Tennis and basketball
(B) Healthy food and exercise
(C) Camping and walking

2 What do the children have for lunch?
(A) Rice, fruit, and fish
(B) Fish, noodles, and fruit
(C) Rice, vegetables, and fish

3 What do they do in the evening?
(A) They write in their journals
(B) They eat cake and candy
(C) They get up early

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