

Student's name : Class :

A. Match the words to the definitions

Word	Definition
1. attain ____	c. easy to understand or do
2. cure ____	i. related to medicine and doctors
3. historically ____	e. to give medical care to someone
4. hygiene ____	h. to achieve after a lot of work
5. medical ____	b. to repeatedly move your fingers or hand over something
6. norm ____	f. to produce water through your skin when you are hot
7. rub ____	a. related to history or past events
8. straightforward ____	j. the ways of keeping things clean to prevent disease
9. sweat ____	d. the usual, normal way that something is done
10. treat ____	g. to make an illness or a disease go away

B. Fill in the gaps using the words below.

Group 1 (Words 1–5) ((attain – cure – historically – hygiene – medical))

1. Good _____ practices help prevent sickness.
2. She went to the clinic for a _____ check up.
3. _____, people relied more on natural things.
4. People must work hard to _____ their goals.
5. Scientists are working to find a _____ for rare illnesses.

Group 2 (Words 6–10) ((rub – treat – sweat – norm – straightforward))

6. In many places, shaking hands is the _____.
7. You can _____ your hands together to warm them.
8. The instructions were very _____ and easy to follow.
9. Running in hot weather can make you _____ a lot.
10. The doctor will _____ the patient with special medicine.