

**Lvl1-LISTENING WORKSHOP**  
**Daily Routine**

**A.** Fill-in the blanks with the correct words from the box.

likes	get	wakes	loves	watch
weekend	routine	go	has	have

**Rebecca:** So, Gareth, what's your daily \_\_\_\_\_(1) like?

**Gareth:** My routine is actually a little irregular. I \_\_\_\_\_(2) a different working schedule for each day of the week, but on a \_\_\_\_\_(3) my son usually \_\_\_\_\_(4) me up about half-eight, nine o'clock, and after that we \_\_\_\_\_(5) downstairs, and I \_\_\_\_\_(6) him some cereal, like he \_\_\_\_\_(7) at the moment chocolate rice Krispies and he \_\_\_\_\_(8) a bowl of them and we \_\_\_\_\_(9) Toy Story. He \_\_\_\_\_(10) Buzz and Woody.

**Rebecca:** Every weekend, the same movie?

**B.** Listen and complete the following blanks with the correct words you hear.

**Gareth:** Exactly. Again and again and again. Yeah, so we watch it a lot. On \_\_\_\_\_(1), though, I \_\_\_\_\_(2) wake up at six a.m. I have to go to work at eight, so I commute on the bus and train and that takes an hour and a half. It takes a long time, and \_\_\_\_\_(3) I work. I get home about 'sevenish'. I have dinner with my wife. \_\_\_\_\_(4), if I come home late, she waits and she'll have dinner with me, and \_\_\_\_\_(5) she'll wait until like nine.

**Rebecca:** Whoa!

**Gareth:** Yeah, pretty late! So, it's really nice.

C. Match the phrases (1-6) to complete the sentences as shown in the example.

<b>1</b>	Are you a morning shower person	___	I've kind of adapted to it, so.
<b>2</b>	Yeah, so actually I think	___	and I get more done.
<b>3</b>	I work much better in the evening	___	prefer the evening.
<b>4</b>	In the morning I'm a little bit like a zombie,	<u><b>1</b></u>	or a night-time bath, relax person?
<b>5</b>	Waking up so early, as I do,	___	but these last years, working have kind of trained me to be an early bird.
<b>6</b>	But I much	___	I'm a kind of night owl.

D. Order the following sentences (1-10) according to what you hear from the record.

- \_\_\_ you kind of get reattached to your,
- \_\_\_ I usually relax with my family and watch a movie or read a book.
- \_\_\_ They're classic children's books from back home and they're great.
- \_\_\_ and then take like the bath to calm down to go to bed at night?
- \_\_\_ No, actually I prefer showers than baths, but yeah,
- \_\_\_ like the things that you did when you were a child, that's great.
- \_\_\_ My son's really into Dr. Zeuss books.
- \_\_\_ and feel kind of nostalgic about your old activities
- \_\_\_ So you would come home from work and eat dinner
- \_\_\_ Even for me, like that's the good thing about having kids,

Adapted from: <https://www.ello.org/english/1051/1092-Gareth-Routine.htm>  
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