

The Red Flag Epidemic

**CAN YOU
SPOT RED FLAGS?**



The Red Flag Epidemic

Not long ago, a red flag meant something simple: danger ahead. Today, however, the term has been 1) _____ (ENTHUSIASM) adopted by the internet as a 2) _____ (DIAGNOSE) tool for every awkward interaction known to humankind. Forgot to reply to a message? Red flag. Drinks pineapple on pizza? Red flag. Uses too many emojis in a work email? Immediate psychological evaluation recommended.

In modern relationships and workplaces, the concept has evolved into a kind of social radar. People scan conversations the way airport security scans luggage, searching for subtle signs of future disaster. Did your colleague say “per my last email”? 3) _____ (SUSPECT). Did your date describe all their exes as “crazy”? Congratulations, you’ve discovered a classic red flag.

Of course, the trend has a useful side: it encourages people to notice 4) _____ (HEALTH) patterns and set boundaries. But the real danger might be something else 5) _____ (ENTIRE) living in a world where everyone is so busy identifying red flags that they forget to notice the green ones.
