

	1. The name "calcium" comes from the Latin word ____, which means "lime" or "limestone".
	2. The most abundant mineral in the human body is ____.
	3. One of the main functions of calcium in the body is ____, but it does not include forming cell membranes.
	4. Phosphorus is a component of bones, teeth, and DNA, but it is not found in ____.
	5. A common symptom of calcium deficiency is ____.
	6. Almost all calcium in the body is stored in the blood and muscle tissues.
	7. A symptom of phosphorus toxicity (hyperphosphatemia) can be low blood calcium (hypocalcemia).
	8. Salmon and tuna are sources of phosphorus.
	9. Calcium toxicity, or hypercalcemia, can lead to kidney stones.

- a. Calx
- b. Calcium
- c. Bone pain
- d. Melatonin
- e. Aiding in blood clotting
- f. Regulating muscle contractions

- g. False
- h. True
- i. True
- j. True