

## Reading

### Hula Dancing in Hawaiian Culture

Many people dream of visiting the beautiful Hawaiian Islands. Mention of this Pacific paradise evokes images of women in grass skirts swaying their hips as they perform graceful island dances for the benefit of tourists. Although this image is a common stereotype of Hawaii, it has its roots in a real tradition that continues to play an important role in Hawaiian culture.

Hula dancing has always been part of Hawaiian life. Hawaiian mythology includes various stories that explain the origins of hula, each story attributing its creation to a different god or goddess and its first appearance to a different location. In reality, hula dancing is such an ancient tradition that it is impossible to say when or where it first appeared. It was most likely originally performed in front of an altar in honor of gods and accompanied by great ritual. It is a common belief that the ancient hula was danced only by men, but some scholars point to evidence suggesting that hula was traditionally danced by both men and women.

The English explorer Captain James Cook's visit to the islands in the eighteenth century caused many changes to Hawaiian society as a result of the contact with European culture. Although hula did not completely disappear after contact, it was discouraged. King David Kalakaua is credited with reviving hula dancing during his reign in the late nineteenth century. He was interested in reestablishing lost traditions, and hula was performed at celebrations held in his honor<sup>1</sup>.

In the 1960s, a Hawaiian cultural festival was established as part of an effort to attract more tourists to the islands. A major part of this festival consisted of hula competitions, which were organized into categories of *hula kahiko*, or hula danced in the ancient style, and *hula auana*, or modern hula. This festival, called the Merrie Monarch Festival in honor of King David Kalakaua, has become a major annual cultural event. The hula competition is a central part of the festival and has had a significant influence on modern hula dancing.

Hula continues to be danced in both the ancient and modern styles. Traditional hula is an energetic dance performed to the accompaniment of chants and the beating of drums. The dancers wear traditional costumes consisting of garlands of leaves, skirts of tapa (a type of bark), and anklets made of animal bone. Many of the movements of modern hula are based on the ancient hula, but the modern style is slower and more graceful. It is danced to flowing guitar and ukulele music, and the dancers wear elaborate costumes, including the famous Hawaiian floral garlands known as leis.

<sup>1</sup>BrE: honour

Hula has attracted the interest of people outside the islands, and hula schools can be found in many parts of the world. Although people of other nationalities learn to dance some form of hula, it is also danced by Hawaiians who live away from the islands, on the mainland United States, in Europe, and elsewhere. It has become a way for native Hawaiians to maintain their cultural identity even while living away from their island homeland. What was once a religious ritual has become a form of entertainment, not only for tourists, but also for native Hawaiians who seek to maintain connections with their cultural heritage.

Answer the questions about **Hula Dancing in Hawaiian Culture**.

### Questions 1–4

Choose the correct letter, **A**, **B**, **C**, or **D**.

1. Originally, hula was danced
  - A** by dancers wearing floral garlands.
  - B** for the benefit of kings.
  - C** in competitions.
  - D** near an altar.
2. Hula dancing was discouraged
  - A** in certain ancient rituals.
  - B** after contact with Europeans.
  - C** in the 1960s.
  - D** during traditional celebrations.
3. Hula was revived in the nineteenth century by
  - A** a Hawaiian king.
  - B** an English explorer.
  - C** Hawaiians in Europe.
  - D** the tourist industry.
4. Modern hula dances are accompanied by
  - A** drums.
  - B** guitars.
  - C** chants.
  - D** violins.

**Questions 5–7**

*Complete the summary using words from the list below.*

Hula dancing has been part of Hawaiian culture since ancient times, although the styles of dancing have changed over time. The traditional style of hula dancing, which is still performed, is fast, whereas modern hula is more **5**..... and flowing. Dancers of modern hula wear costumes that are **6**....., and dancers of ancient hula wear simpler traditional costumes. People everywhere are interested in hula, including Hawaiians living in other parts of the world. The fact that hula is danced by Hawaiians living away from their homeland is **7**..... of its importance to Hawaiian culture.

elaborate  
energetic

evidence  
graceful

influence  
reign

**My Words**

*Write the words that are new to you. Look them up in the dictionary and write their definitions.*

| Words | Definitions |
|-------|-------------|
| _____ | _____       |
| _____ | _____       |
| _____ | _____       |
| _____ | _____       |
| _____ | _____       |
| _____ | _____       |
| _____ | _____       |
| _____ | _____       |

## Word Families

|             |               |                                                                                     |
|-------------|---------------|-------------------------------------------------------------------------------------|
| <b>noun</b> | accompaniment | The accompaniment of drums and chants helps the hula dancers maintain their energy. |
| <b>verb</b> | accompany     | Guitars often accompany modern hula dances.                                         |

|                  |            |                                                                           |
|------------------|------------|---------------------------------------------------------------------------|
| <b>noun</b>      | benefit    | A benefit of hula dancing is that it attracts people to Hawaii.           |
| <b>verb</b>      | benefit    | Hawaii benefits from the large numbers of tourists who visit the islands. |
| <b>adjective</b> | beneficial | Tourism is beneficial to the economy of Hawaii.                           |

|                  |             |                                                           |
|------------------|-------------|-----------------------------------------------------------|
| <b>noun</b>      | celebration | Hula dances are often performed at cultural celebrations. |
| <b>verb</b>      | celebrate   | People like to celebrate important events by dancing.     |
| <b>adjective</b> | celebratory | Celebratory dances were performed in honor of the king.   |

|                  |                       |                                                           |
|------------------|-----------------------|-----------------------------------------------------------|
| <b>noun</b>      | energy                | It takes a great deal of energy to dance hula.            |
| <b>verb</b>      | energize <sup>1</sup> | The beating of the drums energized the crowd.             |
| <b>adjective</b> | energetic             | Energetic chants and drumming accompany the hula dancers. |
| <b>adverb</b>    | energetically         | The dancers performed energetically all evening.          |

|                  |             |                                                                      |
|------------------|-------------|----------------------------------------------------------------------|
| <b>noun</b>      | influence   | The influence of other cultures has changed the way hula is danced.  |
| <b>verb</b>      | influence   | Ancient hula influenced the modern style of hula dancing.            |
| <b>adjective</b> | influential | King David Kalakaua was influential in the return to old traditions. |

|                  |               |                                                        |
|------------------|---------------|--------------------------------------------------------|
| <b>noun</b>      | tradition     | Hula dancing is an ancient tradition.                  |
| <b>adjective</b> | traditional   | Hula is the traditional dance of Hawaii.               |
| <b>adverb</b>    | traditionally | Hula was traditionally performed in honor of the gods. |

<sup>1</sup>BrE: energise

## Word Family Practice

Choose the correct word family member from the list below to complete each blank.

Hula is a **1**..... dance from Hawaii. Originally, it was performed as part of religious rituals. It was danced **2**..... to the **3**..... of drums and chants. Over time it has been **4**..... in different ways, and styles have changed. Modern hula is a more graceful dance performed to guitar and ukulele music. It is performed for tourists and also as part of **5**..... . The wide interest in hula dancing is **6**..... for Hawaii, because it helps attract tourists to the islands.

- |                  |             |               |
|------------------|-------------|---------------|
| 1. tradition     | traditional | traditionally |
| 2. energy        | energetic   | energetically |
| 3. accompaniment | accompany   | accompanies   |
| 4. influences    | influenced  | influential   |
| 5. celebrations  | celebrates  | celebratory   |
| 6. benefits      | benefited   | beneficial    |

## Dictionary Skill

### Different Meanings

Many words have more than one meaning.

Read the definitions below. Then read the sentences and write the letter of the correct definition for each sentence.

im-age [IM-mij]

**A** noun. a mental picture

**B** noun. impression, appearance

- \_\_\_\_\_ 1. The word *Hawaii* carries *images* of sunny beaches, volcanoes, and hula dancing.
- \_\_\_\_\_ 2. King David Kalakaua was known as the Merrie Monarch because of his *image* as a happy party host.

## Listening

CD 1  
Track  
12

Listen to the conversation. Choose **FOUR** letters, **A-G**.

Which **FOUR** of the following will be included in the hula demonstration?

- A** floral decorations
- B** elaborate costumes
- C** garlands of leaves
- D** an altar
- E** energetic dances
- F** graceful movements
- G** traditional music