Rewrite Your Story – Listen to This When You Want to Change Your Life

This is your moment
A brand-new beginning
Turn the page and _____
You're stronger than you've ever been

You've carried storms that no one saw
You _____ yourself by giving all
But every scar is proof you rose
And you _____ the life you chose

You've had days you almost quit
But look at you, you're still in it
Your heart kept beating _____ the pain
Now you're ready to rise again

Let go of the things that dimmed your light
You're stepping into who you are tonight

Rewrite your story
Claim your power, claim your glory
You're not who you used to be
You're finally breaking _____
Rewrite your story
Turn the hurt into your _____
Every step, every breath you take
Is proof that you can recreate
Rewrite your story

You're learning how to trust your voice
To walk away, to make new choices
You're not defined by your mistakes
Your future's yours for you to make

And you don't need approval now
You're learning _____, you're learning how
To build a life that fits your heart
And _____ yourself begin again, restart

Let go of the shadows holding on
Your truth is loud, your fear is gone

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[Refrain]

You're not broken, you're becoming
You're _____, growing, rising, running
Toward a life that feels like home
You're done with walking it alone

You're _____ to choose a brighter way
You're _____ to start today
[Refrain]
This is your moment
A brand-new beginning
Rewrite your story
Your new life is waiting

Vocabulary

- brand-new beginning
- to break free
- to claim your power
- defined by your mistakes
- every scar is proof
- fear is gone
- to hold on
- to let go (of something)
- to step into (something)
- to fit your heart
- to turn the hurt into your victory
- to turn the page
- to walk away

Paraphrase the sentences using the phrases above

1. After the divorce, she decided to start a new chapter in her life.
--After the divorce, she decided_____

2. It took him years to stop holding on to the past.
--It took him years_____

3. Sometimes the healthiest choice is to leave a toxic relationship.
--Sometimes the healthiest choice is_____

LIVEWORKSHEETS

4. After years of studying, she was ready to enter her new role as a leader.
--After years of studying, she was ready _____ her new role as a leader.

5. Even during the hardest moments, he continued to stay strong and not give up.
--Even during the hardest moments, he continued to_____

6. It took courage for her to free herself from other people's expectations.
--It took courage for her to _____ from other people's expectations.

7. After therapy, she finally took control of her life again.
--After therapy, she finally_____

8. Many successful people transform their pain into motivation for success.
--Many successful people_____

9. Once he spoke the truth, he was no longer afraid.
--Once he spoke the truth,_____

10. Moving to another country felt like a completely fresh start.
--Moving to another country felt like a_____

11. All the challenges she survived show how strong she really is.
--All the challenges she survived show that_____

12. Your future should not be determined by your past failures.
--Your future should not be_____

13. The most important thing is to build a life that truly matches who you are inside.
--The most important thing is to build a life that truly_____

LIVEWORKSHEETS

Speaking

1. When was the last time you truly turned the page in your life and started a new chapter? What pushed you to do it?

2. Is there something from your past that you still struggle to let go of? Why is it so hard?

3. Have you ever had to walk away from someone you loved because the relationship wasn't healthy anymore?

4. Have you ever had to step into a completely new role in life, like becoming a leader, partner, or parent? How did it feel?

5. During your hardest moments, what helped you hold on and not give up?

6. Was there a moment in your life when you finally managed to break free from something that was holding you back?

7. What helped you claim your power after a difficult experience?

8. Have you ever managed to turn the hurt into your victory? What happened?

9. Can you remember a moment when you suddenly realized that your fear was gone? What changed?

10. If you could start a brand-new beginning tomorrow, what would you change in your life?

11. Do you believe every scar is proof that we've survived something important? What "scars" shaped who you are today?

12. Do you think people should be defined by their mistakes, or by how they grow after them?

13. What does a life that truly fits your heart look like?

LIVEWORKSHEETS