

1. Topic: Daily Routines

Passage:

Most people have a daily routine. They wake up, get dressed, eat breakfast, and go to work or school. After work, they go home, relax, eat dinner, and sleep. Some people like to exercise or watch TV in the evening. A good routine helps people feel organized and healthy. But sometimes, routines can be boring. It's nice to do something different on the weekend, like go to the park or visit friends.

Vocabulary:

1. Routine – regular daily activities
2. Relax – to rest and feel calm
3. Organized – planned and in order

Sentence Expressions:

1. "I usually wake up at ____."
2. "I go to work at ____ and finish at ____."
3. "I don't have much free time because ____."
4. "I wish I had more time to ____."
5. "I get up around ____, then I ____."
6. "I have some free time in the afternoon to ____."
7. "In the evening, I usually ____."
8. "I like my routine because ____."

Discussion Questions:

1. What is your daily routine?
 2. What do you do after work or school?
 3. Do you like your routine? Why or why not?
 4. What do you do on weekends?
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2. Topic: Food and Eating Habits

Passage:

People eat different types of food around the world. In some countries, people eat rice every day. In others, they eat bread or pasta. Many people like fast food, but it is not always healthy. Fruits and vegetables are good for the body. Drinking water is also important. Some people eat three meals a day, but others eat only when they feel hungry.

Vocabulary:

1. Healthy – good for the body
2. Meal – breakfast, lunch, or dinner
3. Hungry – when you want to eat

Sentence Expressions:

1. This tastes amazing!
2. It's a bit too salty for my liking.
3. It's quite spicy, but I can handle it.
4. I enjoy having a light breakfast, something like yogurt and fruit.
5. I prefer my steak medium-rare.
6. I usually have a big lunch and a light dinner.
7. I like to snack throughout the day.
8. I tend to skip breakfast if I'm in a rush.

Discussion Questions:

1. What do you usually eat for breakfast?
 2. Do you like cooking? Why or why not?
 3. What is your favorite food?
 4. Is fast food popular in your country?
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3. Topic: Free Time Activities

Passage:

Everyone needs free time. People do different things to relax. Some people read books or listen to music. Others play sports, watch TV, or spend time with family. Having a hobby is a good way to enjoy free time. Some popular hobbies are painting, gardening, and playing games. Free time helps people feel happy and less stressed.

Vocabulary:

1. Hobby – something you like to do in your free time
2. Relax – to rest and feel calm
3. Stressed – feeling worried or tired

Sentence Expressions:

1. I usually stay home and ____
2. I like relaxing on weekends because ____
3. I spend my time watching movie or ____.”
4. How do you usually unwind after a busy day?
5. In my free time, I love to read books.
6. I often meet up with friends for coffee or dinner.
7. What’s your favorite way to relax after a long week?
8. Do you prefer spending your free time alone or with others?

Discussion Questions:

1. What do you do in your free time?
 2. Do you have a hobby? What is it?
 3. Do you prefer staying at home or going outside?
 4. What do you do to relax?
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4. Topic: Shopping

Passage:

Many people go shopping every week. Some go to supermarkets to buy food. Others go to clothing stores, electronics shops, or shopping malls. Today, many people also shop online. Shopping online is easy, but you can't touch or try the items. Some people shop only when they need something. Others shop for fun.

Vocabulary:

1. Mall – a large shopping place with many stores
2. Online – using the internet
3. Item – a thing or product

Sentence Expression:

1. Excuse me, can I try this on?
2. Do you have this in a larger/smaller size?
3. How much is this?: Is it on sale?
4. Any tips for finding discounts online?
5. Have you ever had a bad experience shopping online?
6. Do you go to the mall just for shopping or also for food and movies?
7. Do you trust buying clothes online without trying them on?
8. If there's a discount, I'm interested

Discussion Questions:

1. Where do you usually shop?
 2. Do you like shopping online or in stores? Why?
 3. What do you often buy?
 4. Do you enjoy shopping?
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5. Topic: Jobs and Work

Passage:

People do many different jobs. Some work in offices, others work in shops, factories, or schools. Some people work with their hands, and others work on computers. A job gives money to buy food, clothes, and other things. Some people like their jobs, but others want a different job. Working with friendly people and having a good boss is important for many workers.

Vocabulary:

1. Factory – a place where people make things
2. Boss – the person who leads a team or company
3. Worker – a person who works

Sentence Expressions:

1. I'm applying for the ___ position.
2. I have ___ years of experience.
3. I like to work here because ___.
4. I have a flexible schedule, so I work from home some days
5. The workload has been crazy this week.
6. What do you do for a living?
7. What's your typical day like at work?
8. What made you choose that career?

Discussion Questions:

1. What job do you have (or want)?
2. Do you work with many people?
3. What is a good job, in your opinion?
4. What kind of job is popular in your country?