

1 Find 12 adjectives in the word square (→ ↓ ↘).

e	d	t	f	h	c	r	s	y	o	r	i
x	n	e	b	e	o	u	t	p	l	h	q
h	a	u	t	b	n	p	r	o	p	q	r
a	m	m	h	q	f	x	e	c	r	y	e
u	y	f	a	n	u	n	s	f	o	m	l
s	l	f	f	z	s	q	s	n	u	s	a
t	b	r	a	v	e	l	e	i	d	l	x
e	d	x	c	r	d	d	g	f	d	e	
d	i	s	a	p	p	o	i	n	t	e	d
e	m	b	a	r	r	a	s	s	e	d	f
o	x	h	g	r	a	t	e	f	u	l	a
s	c	a	r	e	d	r	d	h	w	n	l

2 Write the words from the word square next to their meanings.

- extremely surprised _____
- feeling very pleased about something you have done _____
- showing thanks for something _____
- not able to think clearly or to understand something _____
- thinking something positive will happen _____
- unhappy because someone or something was not as good as you hoped _____
- very tired _____
- not frightened in dangerous or difficult situations _____
- feeling happy because nothing is worrying you _____
- frightened something bad will happen _____
- worried and not able to relax _____
- feeling ashamed or shy _____

3 Complete the sentences with the adjectives from the box. There is one adjective you don't need.

amazed confused disappointed
embarrassed exhausted
grateful hopeful proud
relaxed scared stressed

- Danny is _____ that he won't pass the exam – he hasn't studied very hard.
- I don't understand what you're saying – I'm _____.
- Alison didn't get what she wanted for her birthday. She's a bit _____.
- Jack does yoga because it makes him feel _____.
- I'm so _____ of our school – we won the competition.
- I don't know how I got 100% in my maths exam. I'm _____!
- Pedro felt _____ when he had to speak in front of the whole class.
- Eva is _____ that she will win the swimming race.
- I've been running for half an hour and now I feel completely _____!
- Carol is feeling _____ because she has a test tomorrow and she's working hard.

4 Choose the words that best describe the people in each situation.

- Emma usually gets the best marks in class and she will be very surprised if she isn't top of the class again. She's never worried before an exam.
a amazed b scared c relaxed
- Mrs Paderewski has worked many hours recently. She bought a new computer and she went on an expensive holiday, but now she feels worried and can't relax.
a embarrassed b exhausted c stressed
- Jackson is very pleased that his team played so well and they won the match. He is unhappy that he didn't score a goal though.
a grateful b proud c disappointed
- We sometimes do quizzes at home and I don't always know the answers to even simple questions. My face goes red! Last night we played and there was so much noise I couldn't think properly.
a embarrassed b hopeful c confused
- Jan has passed all his exams and now feels happy and calm. His parents are very pleased, too, and have organised a big party at their house.
a _____ b _____ c _____