

VOCABULARY

1 Choose the odd one out.

- 1 Fruit: garlic, peach, pear
- 2 Vegetables: onion, sweet potato, mango
- 3 Meat and fish: sausage, tuna, chillies
- 4 Snacks: seeds, vinegar, nuts
- 5 Cooking: ingredients, ice cream, recipe
- 6 Flavours: coconut, mint, sauce
- 7 Describing food: spicy, sour, oil

2 Choose the correct option.

- 1 My favourite salad has tuna and a *boiled / cooked* egg.
- 2 It's important to eat five pieces of *fresh / raw* fruit and vegetables a day.
- 3 Nuts are full *of / in* healthy fats.
- 4 *Frozen / Strawberry* is my favourite flavour of ice cream.
- 5 Fish is healthy *for / with* your brain.
- 6 Some foods can protect you *to / from* illness.
- 7 I usually add extra green pepper *to / for* recipes.
- 8 I think garlic goes really well *with / for* mushrooms.

3 Choose the correct answer.

- 1 Some people say coffee tastes ____.
a bitter b hot c dry
- 2 The bread is ____, so we can't eat it anymore.
a fresh b hard c delicious
- 3 Curry is often very ____.
a bitter b hard c hot
- 4 I made a cake, but it was ____, so it didn't taste good.
a fresh b tasty c dry
- 5 Lemons taste ____.
a sour b sweet c rich
- 6 The pineapple was very ____.
a rich b sweet c sour
- 7 Don't add too many chillies or the dish will be very ____.
a rich b spicy c delicious
- 8 I can't finish this chocolate ice cream. The flavour is too ____ for me.
a delicious b sour c rich

GRAMMAR

4 Complete the sentences with the Present Perfect form of the verbs in brackets.

- 1 Don't worry, we _____ (not order/yet). Here's a menu.
- 2 _____ (you/ever/try) chilli chocolate?
- 3 Come in. We _____ (finish/just) eating.
- 4 I _____ (see/never) Tim so angry before.
- 5 _____ (it/stop/raining/yet)?
- 6 He _____ (won/just) a competition!

5 Complete the sentences with the Present Perfect or Past Simple form of the verbs in brackets.

- 1 I _____ (visit) Paris twice.
- 2 We _____ (not go) on holiday last year.
- 3 Everyone _____ (enjoy) the meal last night.
- 4 A new café _____ (just open) near school.
- 5 I _____ (write) an email to Max three days ago, but he _____ (not reply) yet.
- 6 I _____ (never/have) a pear smoothie, but I _____ (try) a coconut smoothie once.

SELF-ASSESSMENT



Read the objectives for this unit. How well can you do them? Tick (✓) a face for each one.

I can ...	😊	😐	😞
3.1 talk about food and drink.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3.2 use the Present Perfect to talk about experiences.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3.3 understand a magazine article about superfoods.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3.4 use the Present Perfect and Past Simple to talk about experiences.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3.5 understand an account of a special cake.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3.6 order food in a café or restaurant.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3.7 write an email to a friend.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

If you tick  go to the Extra Online Practice.