

Grade 8 – Past Progressive & Past Simple Practice

Name: _____ Date: _____

Exercise 1 – Complete with the Past Progressive (was/were + verb-ing)

I _____ (watch) TV at 8 p.m.

They _____ (play) football after school.

She _____ (not study) for the test.

We _____ (have) dinner when you called.

Tom _____ (run) in the park.

The students _____ (work) on their project.

My parents _____ (drive) to Jerusalem.

You _____ (sleep) during the movie.

The dog _____ (bark) all night.

It _____ (rain) very hard yesterday.

Dana _____ (talk) to her friend.

I _____ (not listen) to the teacher.

Exercise 2 – Choose the Correct Answer

1. While I _____, my sister was cooking. (was studying / studied / am studying)
2. They were _____ basketball at 6 p.m. (play / playing / played)
3. We _____ TV when the electricity went off. (were watching / watched / are watching)
4. She was _____ to music. (listen / listening / listened)
5. The boys were _____ in the yard. (run / running / ran)
6. I _____ when you sent the message. (was sleeping / slept / sleep)
7. It _____ when we left the house. (was raining / rained / rains)
8. You were _____ very fast. (drive / driving / drove)

9. They _____ dinner at 7 p.m. (were having / had / have)

10. She was not _____ attention. (pay / paying / paid)

Exercise 3 – Make Negative Sentences

She was reading a book. _____

They were playing outside. _____

I was doing my homework. _____

We were waiting for the bus. _____

He was cleaning his room. _____

The baby was crying. _____

You were speaking loudly. _____

It was snowing. _____

My friends were laughing. _____

The teacher was explaining the lesson. _____

Exercise 4 – Write Questions (Past Progressive)

she / watch / TV _____ ?

they / play / football _____ ?

you / study / for the test _____ ?

he / sleep / at 10 p.m. _____ ?

it / rain / yesterday _____ ?

we / wait / for you _____ ?

Dana / talk / on the phone _____ ?

the students / work / hard _____ ?

your parents / drive / home _____ ?

I / disturb / you _____ ?

Exercise 5 – Mixed Past Simple vs. Past Progressive

While I _____ (walk) to school, I _____ (see) an accident.

They _____ (play) football when it suddenly _____ (start) to rain.

She _____ (cook) dinner when the phone _____ (ring).

We _____ (study) while our parents _____ (watch) TV.

I _____ (sleep) when you _____ (call) me.

The teacher _____ (explain) the lesson when the bell _____ (ring).

It _____ (rain) when we _____ (leave) the house.

Tom _____ (break) his leg while he _____ (ski).

The children _____ (make) noise while the baby _____ (sleep).

I _____ (find) some money while I _____ (clean) my room.

Exercise 6 – Reading Passage

A Strange Evening

Last night, I was sitting in my room and doing my homework. My brother was playing video games in the living room. My parents were watching TV when suddenly the lights went off. It was raining heavily outside, and the wind was blowing very strongly.

While we were looking for candles, we heard a loud noise. A tree fell in our yard. My father went outside while my mother was calling the electric company. We were feeling a little scared, but everything was fine in the end.

Comprehension Questions

What was the writer doing when the lights went off? _____

What was the brother doing? _____

What were the parents doing? _____

What was the weather like? _____

What happened in the yard? _____

Who was calling the electric company? _____

How were they feeling? _____

Write one sentence from the text in the Past Progressive. _____