

2025/2026

Science

Topic 1: Movement and feeding

- Food groups
- Human Body & Skeleton

Topic 2: Rocks & Soil

- Properties of rocks.
- How rocks are formed.
- Soil- Layers, Types, textures.

Topic 3: Light and Shadow

- Light sources & examples.
- Reflecting light (mirror)
- Seeing objects in light vs darkness

PPT's and work will be saved on Teams under General Channel - File – Class Materials - Assessment Practice Worksheets Term 2

Topic 1: PPT – Topic book reference pages: 1-3 & 10-11

Workbook reference pages: 2-3 & 10-11

(Practice worksheet p.1,2, & 3)

Topic 2: PPT – Topic book reference pages: 2-3, 8 & 12-13

Workbook reference pages: 3-4, 10 &

13-14

(Practice worksheet p.3,4 & 5)

Topic 3: PPT – Topic book reference pages: 1-2 & 4

Workbook reference pages: 2 & 4

(Practice worksheet p.5 & 6)

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Year 3: Practice Worksheets – Term 2: 2025/2026
LO: I can answer correctly

Subject: Science	Practice worksheet 1
Name:	Class:
	Date:

Instructions:

1. **Read each question carefully.**
2. Answer using a **pencil**. If you make a mistake, **rub out and try again**.
3. **Do your own work**. If you don't understand a word, raise your hand.
4. When you finish, **check your answers** quietly.

Q1: (a) Sort the foods into the correct food group.

Word bank: chicken, cheese, rice, eggs, butter, chocolate, apple, milk, carrots, bread

Proteins	Carbohydrates	Dairy	Fats	Fruits and vegetables

LO: ☐ Excellent! ☐ Very good! ☐ Good job! ☐ Revise

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Year 3: Practice Worksheets – Term 2: 2025/2026

LO: I can answer correctly

Q1: (b) Name the X-ray pictures below. One has been done for you.



Spine



Q1: (c) Draw a line to match each description to its correct word.

Description

Word

To bend our body parts,
we need...

Brain

To make bones strong we
should eat...

Support

The skull protects the...

Joints

The skeleton gives our
body...

Healthy food

LO: ☐ Excellent!

☐ Very good!

☐ Good job!

☐ Revise

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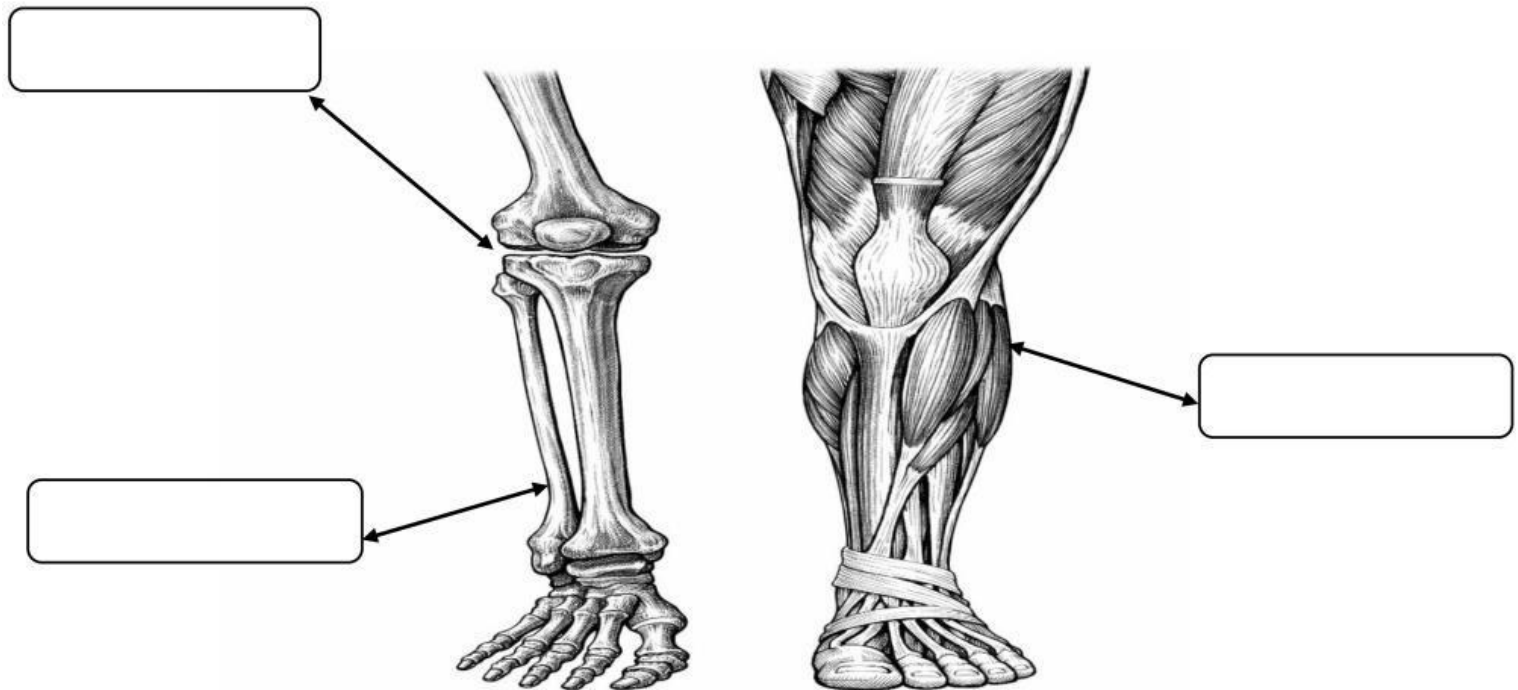
Year 3: Practice Worksheets – Term 2: 2025/2026

LO: I can answer correctly

Q1: (d) Circle true (T) or false (F).

1. We have bones, muscles and tendons inside our body. T / F
2. An X-ray machine can be used to look at bones. T / F
3. Fruits and vegetables make your body weak. T / F
4. Eating only one food group is healthy. T / F

Q1: (e) Label the joints, bones and muscles in the picture.



LO: ☐ Excellent!

☐ Very good!

☐ Good job!

☐ Revise

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LO: I can answer correctly

Q2: (a) Complete the sentences using the word bank.

Word bank: *geologists smooth hard rough layers sizes*

1. Scientists who study rocks are called _____.
2. Some rocks are _____ and some are _____.
3. Many rocks are very _____.
4. Some rocks have _____.

Q2: (b) Write soil layers from bottom to top.

Word bank: topsoil subsoil parent material bedrock

1. _____
2. _____
3. _____
4. _____

Q2: (c) Match soil types with texture (choose from *gritty* / *silky* / *sticky*).

Soil type	Texture
Sand	
Clay	
Loam	

LO: ☐ Excellent! ☐ Very good! ☐ Good job! ☐ Revise

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LO: I can answer correctly

Q2: (d) Why is well-drained soil good for plants? Tick ONE.

- ☐ Water stays on top of the soil.
- ☐ Water moves through the soil at the right speed.
- ☐ Soil becomes rock.

Q2 (e) How rocks are formed

Rocks can form in different ways. Match each rock type with how it is formed.

Draw a line to match.

Rock type

Igneous

Sedimentary

Metamorphic

How it forms

Layers press together over time.

Heat and pressure change a rock.

Melted rock cools and becomes hard.

Q3: (a) Write two light sources from the list below.

Sun Moon Torch Mirror

1 _____

2 _____

LO: ☐ **Excellent!** ☐ **Very good!** ☐ **Good job!** ☐ **Revise**

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LO: I can answer correctly

Q3: (b) Write natural or artificial next to each light source.

Light Source	natural or artificial
Sun	
Light bulb	
Firefly	
Street light	

Q3: (c) Think and explain.

Why is it easier to see objects during the day than at night?

Because: _____

Q3: (d) Reflecting light.

Which object reflects light and is used as a reflector?

mirror sun torch

Object: _____

It reflects light because: _____

LO: ☐ Excellent! ☐ Very good! ☐ Good job! ☐ Revise

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LO: I can answer correctly

Think out of the box!

A learner is investigating different light sources.

Draw one natural light source and one artificial light source. Label each one.

Write one short sentence to explain:

- How could a learner decide which light source is natural and which is artificial?

LO: ☐ Excellent!

☐ Very good!

☐ Good job!

☐ Revise

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LO: I can answer correctly

LO: ☐ **Excellent!** ☐ **Very good!** ☐ **Good job!** ☐ **Revise**

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