

EXERCISE 1

Fill in the gaps with the correct words from the box below to complete the dialogues.

put on	warm up	set up	log in	go over
run out of	go out	carry out	pick up	give up

A: I always _____ before my workout to avoid injuries.

B: That's smart; I should start doing that as well.

A: Could you help me _____ my jacket before we head out?

B: Of course, let me just zip it up for you.

A: Let's _____ the plan for the day before we leave.

B: Good thinking! It's always better to have a clear idea of what we're doing.

A: Are we still planning to _____ for dinner later?

B: Yes, I'm looking forward to it; it'll be nice to unwind.

A: I've _____ milk. Could you pick some up on your way home?

B: Of course, I'll grab a couple of cartons.

A: I need to _____ a schedule for my workouts this week.

B: That sounds smart; a routine will help you stay on track.

A: Have you managed to _____ to your account for the meeting?

B: Not yet, I think I forgot my password again.

A: Can you _____ the dry cleaning on your way home?

B: Of course, I'll make sure to grab it before I get back.

A: We need to _____ a few tests before launching the app.

B: No problem, I'll get started right away.

A: I think I might _____ trying to wake up early for the gym.

B: Don't do that! Just find a routine that works for you.

EXERCISE 2

Choose the correct alternative.

- A. I didn't (**get up / warm up**) early enough and missed the morning briefing.
- B. Have you gone (**out / logged in**) to the newsystem yet?
- C. We don't (**run out of / take down**) printer paper very often.
- D. They (**carried out / set up**) the meeting room before the clients arrive.
- E. He didn't (**look into / give up**) the issue, so it wasn't resolved.
- F. Could you (**pick up / keep going**) the documents from reception?
- G. She (**goes over / puts on**) her uniform before heading to the office.
- H. Did she (**work out / go over**) the report with the manager?

EXERCISE 3

Correct the mistakes.

- A. I always **set up** before going for a jog.
- B. Have you **put on** the new phone yet?
- C. He **worked out** to his account without any problems.
- D. We haven't **looked into** bread yet.
- E. Why didn't you **keep going** last night?
- F. He hasn't **picked up** the notes from the board.
- G. Could you **log in to** the fan, please?