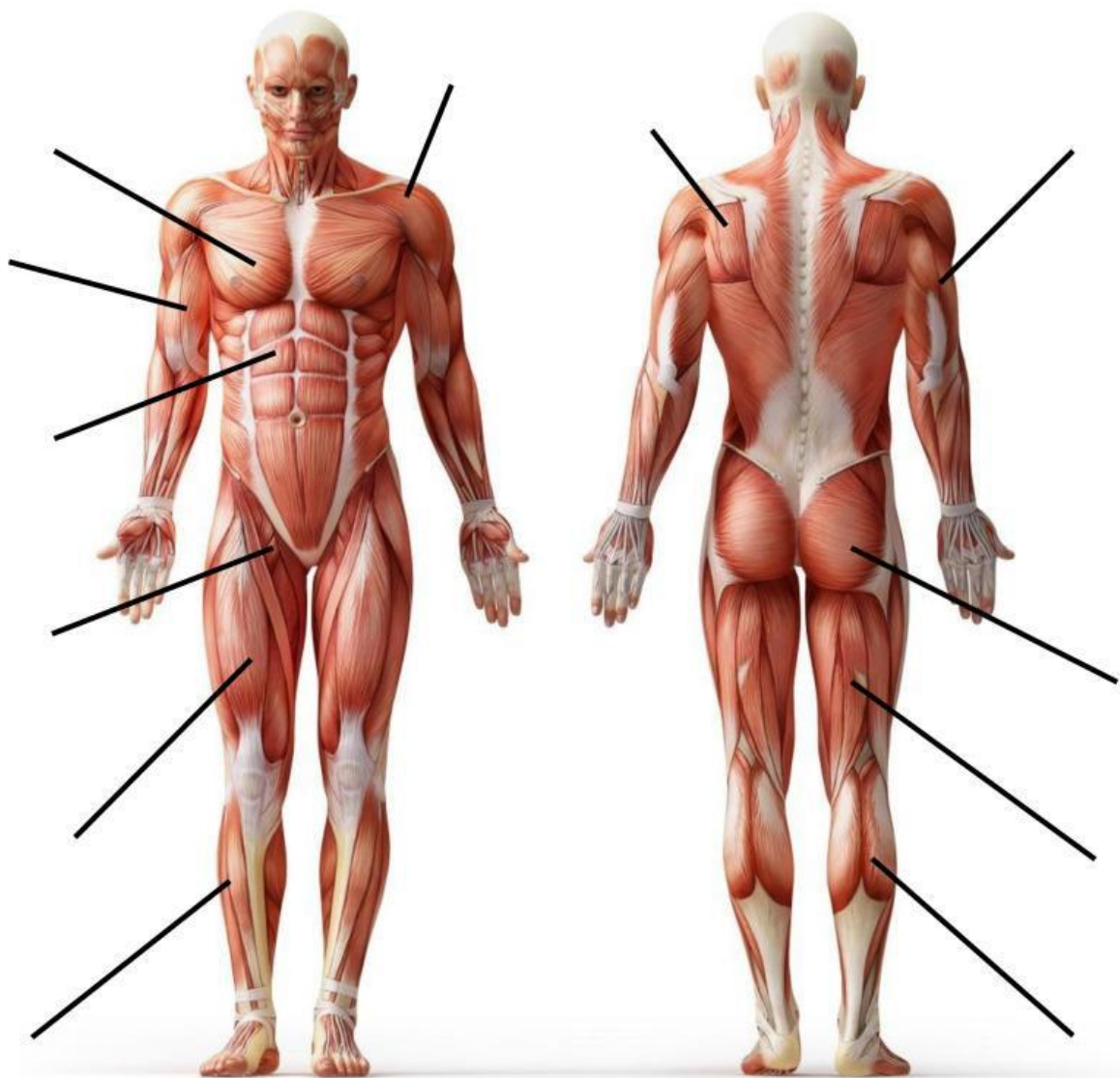




Deltoid

Quadriceps

Hip flexors

Hamstrings

Gluteals

Abdominals

Triceps

Gastrocnemius

Biceps

Pectorals

Tibialis anterior

Latissimus Dorsi

Rotator cuffs