Exercise 4. Fill in the blanks with suitable words or phrases from Exercise 3 to complete the sentences below and make changes if necessary.

1. Swimmers usually wear ..... to protect their eyes under the water.
2. Goalkeepers should practise ..... the ball well before the match.
3. Some sports have multiple ..... because of multiple organizations, such as boxing, mixed martial arts and wrestling.
4. What are the types of ..... in physical education?
5. Mai Van Hoa, who was a table tennis player from South Vietnam, won several ..... in singles from 1953 to 1957.
6. We won the game with a ..... of 3 to zero.
7. She's so ..... that she desires to win every single match.
8. Basketball players usually ..... the ball before throwing it through the opponents' basket.
9. Eliud Kipchoge is the greatest ..... runner of all time.
10. You can see a lot of people doing ..... around Hoan Kiem Lake.

Exercise 5. Do the tasks follow.

Task 1. Mark the letter A, B, C, or D to indicate the word or phrase that is CLOSEST in meaning to the underlined part in each sentence.

1. My father **took up** golfing 3 years ago.

   A. stopped B. liked C. started D. hated

2. Students should **participate in** school sports.

   A. quitted B. watched C. enrolled D. take part in

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3. She was **very tired** because she ran 1 mile.

A. sporty B. strong C. exhausted D. relaxed

4. Quang Hai became **famous** after a successful national U21 tournament in 2005.

A. unknown B. well-known C. known D. strange

5. You should **rest** after a long run.

A. relax B. work C. sleep D. stop

Task 2. Mark the letter A, B, C, or D to indicate the word or phrase that is OPPOSITE in meaning to the underlined part in each sentence.

6. It's **dangerous** to go hiking alone.

A. risky B. unsafe C. scary D. safe

7. We enjoy **indoor** games on rainy days.

A. inside B. outdoor C. internal D. interior

8. Many young people are **interested in** watching football matches.

A. fond of B. into C. bored with D. crazy about

9. Three keys to **succeeding** in sports are good instruction, practice and repetition, and most importantly - trust in your skills.

A. defeating B. failing C. success D. achieving

10. Do you prefer **individual** sports?

A. personal B. alone C. separate D. team

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