

Name: _____

Task 1. Complete the sentences with the words from the box

daily routine	nutrients	shower	overwork	smoke	socialise
		pale	urban		

1. Mr Jefferson doesn't drink alcohol or _____.
2. Helen looks _____ because she didn't sleep well.
3. My parents often _____. That's why they are tired.
4. Josh always has a _____ after his football practice.
5. We live in New York and lead a great _____ lifestyle.
6. Don has many good habits, including a clear _____.
7. If your lunch isn't healthy, you won't get any _____.
8. I _____ a lot with my friends.

Task 2. Complete the sentences with used to or didn't use to

1. I _____ (build) sandcastles when I went to the beach with my parents.
2. Molly _____ (not/drink) coffee when she was in primary school.
3. My father _____ (fly) a kite with me in the park when I was a kid.
4. Mr Smith _____ (not/pay) taxes when he was fifteen years old.
5. Alice _____ (skip) a rope in the school playground.
6. My elder brother _____ (not/drive) me to school. He was too young.
7. Alan _____ (ride) his tricycle in the house when he was four.
8. Mark _____ (dress) up as a pirate at Halloween.

Task 3. Match

1. *If Ben follows a diet,*
 2. *They won't come*
 3. *Everything will be fine*
 4. *I will call you*
 5. *If it isn't rain,*
 6. *You will fall down*
 7. *If she wants to be fit,*
 8. *If you shout,*
- a) *everyone will wake up.*
 - b) *he won't gain any weight.*
 - c) *if I have some time.*
 - d) *she will exercise.*
 - e) *if they are too busy.*
 - f) *we won't play outside.*
 - g) *if you don't panic.*
 - h) *if you are not careful.*