

SCIENCE MOBILE PHONES 2 QT

1. Forty years ago this mobile phones didn't even exist and soon more than 2 billion people will be
2. using them every day either. This fairly recent invention has proved very useful but in fact that
3. we are constantly bombarded by lots electromagnetic waves may have long-term effects on our
4. health. Research can suggests that our favourite gadget, which we look at 150 times a day,
5. contributes to all kinds of health issues himself. Staring at your phone for too long may lead to
6. serious problems with your eyesight. Moreover, mobile phone users suffer from both headaches,
7. neck and shoulder pains, poor hearing as well as problems with sleeping. So that maybe it is worth
8. reconsidering our personal habits when it comes to using so mobile phones? According to experts,
9. devices should be held a few centimetres away from your ear. It is been recommended not to use
10. them for more than 15 minutes at a few time and to leave them outside your bedroom at night.