Review Unit 14-15-16

Unit 14: Staying healthy

Exercise 1. Odd one out.

1. A. morning B. yoga C. afternoon D. night
2. A. mango B. apple C. banana D. sausage
3. A. basketball B. football C. tennis D. bread
4. A. fruit B. ice-cream C. fresh juice D. sports
5. A. sad B. get up C. sleep D. listen to music

Exercise 2. Circle the correct answers.

1. How _____ he stay healthy? – He does morning exercise every day.
   A. does B. did C. have D. had
2. How does your sister stay healthy? – She _____ fresh juice every day.
   A. drank B. drink C. drinks D. drinking
3. A. How does your grandmother stay healthy? – She _____ morning exercise.
   A. have B. did C. will D. does
4. How does your mother stay healthy? – She _____ basketball.
   A. play B. playes C. plays D. played
5. How does your father stay healthy? – He _____ fish, vegetables and fruit.
   A. eat B. ate C. eats D. eaten
6. How do your friends stay healthy? – They _____ sports.
   A. played B. plays C. playes D. play
7. _____ does she do aerobics? – Twice a week.
   A. How much B. How many C. How often D. How
8. How oftern does he drink orange juice? - _____ a week.
   A. Twice B. every day C. rarely D. daily
9. How do they stay healthy? They eat fruit and _____.
   A. vegetables B. play games C. watch TV D. stay up late
10. Does he play football once a week? - _____.
    A. No, she doesn't B. Yes, she does C. Yes, he does D. Yes, they do

Exercise 3. Find the mistakes in each sentence.

Sentences	**Mistakes**
1. She do yoga every day.	
2. How does Anna stay healthy? – She drink orange juice.	

LIVEWORKSHEETS

3. How often do Tom play tennis? – Three time a week.	
4. He eat vegetables and fish.	
5. Do he play football once a week? - No, he don't.	
6. He drinks lot of water and fresh juice.	

Exercise 4. Fill in the blanks with the suitable words in the box.

eating	stays	junk food	enjoys	doing

John (1) _____ healthy by exercising regularly and eating well. He starts his day with a morning run and (2) _____ different workouts, like lifting weights and (3) _____ yoga. He eats lots of fruits, veggies, lean meats, and whole grains, avoiding (4) _____ and sugary snacks. John drinks plenty of water, too. By staying active and (5) _____ healthy foods, John feels physically and mentally good, ready to tackle whatever comes his way.

Exercise 5. Writing practice

0. How / he / drink orange juice? - He / drink / orange juice *I* every morning.
   How often does he drink orange juice? – He drinks orange juice every morning.
1. How / she / drink tea? - She / drink / tea / twice a day.
   _____
2. How / they / eat breakfast? - They / eat / breakfast / every day.
   _____
3. How / Lan / watch TV? - She / watch / TV / every night.
   _____
4. How / Tony / read books? - He / read / books / every weekend.
   _____
5. How / your friends / listen to music? - They / listen / to music / daily.
   _____

LIVEWORKSHEETS