

INSPIRED TOTS EARLY LEARNING CENTER
PRE K SECOND TERM TEST 2025/2026 SESSION

HEALTH HABITS

Fruits



Vegetables



Meat



4. Food makes us _____.
5. Food makes us _____.
6. Food helps our body to fight _____.
7. Food makes us _____.
8. Balanced diet is a food that contains all the _____ the _____ needs.

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Look at the pictures carefully and match appropriately.

9. Fat and oil



10. Protein

