

Exam Practice: Multiple Choice (FCE-style)

Reading 1: Community Health Center

A community health center helps people in the neighborhood.

Doctors and nurses work together to give basic medical care. Many patients visit the center because they do not have private insurance. The center also teaches people how to prevent diseases.

1. What is the main purpose of the health center?

- A) To sell medicine
- B) To give basic medical care
- C) To train doctors
- D) To offer private insurance

2. Who works at the center?

- A) Teachers and students
- B) Doctors and nurses
- C) Only nurses
- D) Volunteers only

3. Why do many patients visit the center?

- A) It is very expensive
- B) They like long treatments
- C) They do not have insurance
- D) It is a private hospital

◆ Reading 2: Vaccination Campaign

Last month, a vaccination campaign started in rural areas. Nurses visited small communities to give vaccines to children and adults. The goal was to prevent common diseases and improve public health.

4. Where did the campaign take place?

- A) In big hospitals
- B) In private clinics
- C) In rural communities
- D) In schools only

5. Who gave the vaccines?

- A) Doctors
- B) Teachers
- C) Nurses
- D) Parents

6. What was the main goal?

- A) To cure diseases
- B) To prevent diseases
- C) To sell vaccines
- D) To train nurses

◆ Reading 3: Healthy

Habits

Eating fruits and vegetables every day is important for good health. Doctors recommend drinking water and exercising at least three times a week. These habits help prevent obesity and heart problems.

7. What food is recommended?

- A) Fast food
- B) Fruits and vegetables
- C) Sugar and salt
- D) Only meat

8. How often should people exercise?

- A) Every day
- B) Once a month
- C) Three times a week
- D) Once a year

9. These habits help prevent...

- A) Injuries
 - B) Infections
 - C) Obesity and heart problems
 - D) Allergies
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◆ Reading 4: Home Visits

Community nurses often make home visits to elderly patients. They check blood pressure, give advice, and help patients take their medicine correctly.

10. Who receives home visits?

- A) Children
- B) Elderly patients
- C) Doctors
- D) Students

11. What do nurses check?

- A) Temperature only
- B) Blood pressure
- C) Vision
- D) Height

12. Why do nurses give advice?

- A) To sell medicine
- B) To help patients use medicine correctly
- C) To replace doctors
- D) To write reports

◆ Reading 5: Clean Water

Clean water is essential for community health. Without clean

water, people can get serious diseases. Health workers teach families how to boil water before drinking it.

13. Why is clean water important?

- A) It tastes better
- B) It is cheaper
- C) It prevents diseases
- D) It is easier to get

14. What can happen without clean water?

- A) Better health
- B) Serious diseases
- C) More exercise
- D) Better food

15. What do health workers teach?

- A) How to filter air
- B) How to boil water
- C) How to build houses
- D) How to cook food

◆ **Reading 6: Health**

Education Talks

Health education talks are common in community clinics. These talks inform people about

nutrition, hygiene, and disease prevention.

16. Where are the talks given?

- A) Schools
- B) Hospitals only
- C) Community clinics
- D) Offices

17. What topics are included?

- A) Politics
- B) Nutrition and hygiene
- C) Sports
- D) Technology

18. What is the purpose of the talks?

- A) To entertain
- B) To inform people
- C) To sell products
- D) To test patients

◆ **Reading 7: Preventive Medicine**

Preventive medicine focuses on stopping diseases before they start. Regular check-ups help detect problems early.

19. What does preventive medicine focus on?

- A) Treating serious illness
- B) Emergency care
- C) Stopping diseases early
- D) Surgery

20. What helps detect problems early?

- A) Medicine
- B) Exercise
- C) Regular check-ups
- D) Surgery

21. When does preventive medicine act?

- A) After illness
- B) Before illness
- C) During surgery
- D) At the hospital

◆ **Reading 8: Nutrition**

Program

A nutrition program helps children eat better at school. The program includes fruits, vegetables, and clean water.

22. Who benefits from the program?

- A) Teachers
- B) Doctors

- C) Children
- D) Parents

23. Where does the program take place?

- A) At home
- B) In hospitals
- C) At school
- D) In clinics

24. What does the program include?

- A) Sweets
- B) Meat only
- C) Fruits and vegetables
- D) Fast food

◆ **Reading 9: Community**

Exercise Groups

Community exercise groups meet in parks to improve physical health. These activities are free and open to all ages.

25. Where do groups meet?

- A) Gyms
- B) Parks
- C) Schools
- D) Hospitals

26. Who can join?

- A) Only adults

- B) Only children
- C) All ages
- D) Only patients

- B) In the community
- C) At home only
- D) Online

27. What is the purpose?

- A) To compete
- B) To improve physical health
- C) To rest
- D) To study

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◆ **Reading 10: Hygiene**

Practices

Good hygiene practices, such as washing hands, help prevent infections. Health workers teach these habits in the community.

28. What practice helps prevent infections?

- A) Sleeping more
- B) Washing hands
- C) Eating sweets
- D) Watching TV

29. Who teaches these habits?

- A) Teachers
- B) Doctors only
- C) Health workers
- D) Parents

30. Where are these habits taught?

- A) At work