



MOODS AND FEELINGS

Watch the film and listen to the feelings mentioned. Tick (✓) the ones you hear.

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|----------------------------------|------------------------------------|-----------------------------------|
| ☐ happy | ☐ tired | ☐ stressed |
| ☐ grumpy | ☐ hungry | ☐ sleepy |
| ☐ excited | ☐ miserable | ☐ cheerful |

Are the following statements true or false?



0. Michael is never in a good mood False. He is usually happy.

1. Michael is grumpy when he doesn't get enough sleep. _____

2. Emilia is only in a good mood at the weekend. _____

3. Emrys is rarely in a good mood. _____

4. Emrys is unhappy when the weather is good. _____

5. Katherine's family says she is usually in a good mood. _____

6. When Katherine has a lot of work, she relaxes. _____

Circle the correct words in these sentences about the students' bad moods.

1. **Emilia:** If I have / skip breakfast I'm normally in a good / bad mood.

2. **Katherine:** It's mainly if I'm tired / happy or if I've got / haven't got a lot of work.

3. **Emrys:** If I have to sit / get up too early or if I haven't had time to make myself / eat breakfast.

ABOUT YOU Answer the questions.

Are you usually in a good mood?

What kinds of thing put you in a bad mood?

