

How Music Makes Us Feel

One of the **amazing** things about music is that it can **express** feelings and emotions. **Composers** often try to **create** the sound of a feeling/emotion in the music.

They can do this without using any words at all! It can *sound* how you *feel*. Music can also **change** how you feel. Do you ever listen to a happy song to make you feel better when you are tired or sad? Or do you play soft, slow music to help you fall asleep at night?

Write T (True) or F (False)

1. Music can tell you what emotion to feel.
2. Composers can only use words to put emotions into their music.
3. Music can't help you feel better if you are sad.
4. Most people listen to slow, soft music to help them feel sleepy.

Watch the video about emotions and feelings in music. You will hear four songs. Match the emotions to the songs.

Title of Piece	Emotion/Feeling
Psycho: A Suite for Strings	
Clair de Lune	
Piano Sonata No. 2, Op. 35. III. Marche Funebre	
The Planets – IV. Jupiter, the Bringer of Jollity	

happy

sad

calm

scared