NAME: _____ DATE: _____

DAILY ACTIVITIES

Question: *What is your favorite time of the day? Why?*

- **Read the article below and then answer the questions.**

My Daily Routine

Some of my friends think I have a boring daily routine, but I like it. I usually get up at about 6:00 or 6:30 in the morning, after my alarm clock wakes me up. First, I brush my teeth, and shave, and wash my face. Then, I get dressed and go downstairs to have breakfast with my family. I always have coffee, cereal, and lots of fruit. That's me in the picture with my wife, Renata. I take a bus to work because I don't like to drive, and I always arrive at my office before 8:00. I'm never late for work. Five o'clock is my favorite time of the day because I finish work and go back home and see my wife and children again. I have two boys, Thomas, who is six years old and Patrick, who is eight. We eat dinner together in our dining room at around 6:00, and after that I **hang out** with my wife and kids at home. We like to watch TV travel shows together. In addition, two or three times a week I do exercise in the evening, so I can stay strong and healthy. I think that this is very important! Finally, at about 9:30, I go to bed, read for a while, and then fall asleep. Sure, some people think my daily routine is a little boring – but on weekends and holidays I love to fly airplanes … for fun! It's my favorite hobby.

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LIVEWORKSHEETS

NAME: _____ DATE: _____

DAILY ACTIVITIES

- **READING COMPREHENSION**

Score out of eight	As percentage
/8	%

1. What is the article about?
(a) his family
(b) activities he likes to do
(c) things he usually does

2. What does he do after he gets washed and dressed in the mornings?
(a) eats
(b) does exercise
(c) buys fruit

3. Why does he take a bus to work?
(a) He gets to work before eight o'clock.
(b) He is never late.
(c) He doesn't like to drive.

4. What time of day does he like best?
(a) eight o'clock
(b) five o'clock
(c) six o'clock

5. What does the phrase 'hang out' mean?
(a) eat
(b) relax at some place
(c) go home after work

6. How often does he do exercise?
(a) always
(b) never
(c) sometimes

7. What does he think is very important?
(a) exercise
(b) travel
(c) TV

8. He thinks his daily routine is boring.
(a) TRUE
(b) FALSE
(c) He doesn't say.

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LIVEWORKSHEETS

NAME: _____ **DATE:** _____

DAILY ACTIVITIES

Grammar-in-Context

- *Complete the paragraph by circling the correct words.*

My Daily Routine

Some of my friends think I have a boring daily routine, **(1)**_____ I like it. I usually get up at about 6:00 or 6:30 **(2)**_____ the morning, after my alarm clock **(3)**_____ me up. First, I brush my teeth, and shave, and wash my face. Then, I get dressed and go downstairs to have breakfast with my family. I always have coffee, cereal, and **(4)**_____ of fruit. That's me in the picture with **(5)**_____ wife, Renata. I take a bus to work because I **(6)**_____ like to drive, and I always arrive at my office before 8:00. I'm never late for work. Five o'clock **(7)**_____ my favorite time of the day because I finish work and go back home and see my wife and children again. I have two boys, Thomas, who is six years old and Patrick, who is eight. We **(8)**_____ dinner together in our dining room at around 6:00, and after that I hang out with my wife and kids **(9)**_____ home. We like to watch TV travel shows together. In addition, two **(10)**_____ three times a week I do exercise in the evening, so I can stay strong and healthy. I think that this is very important! **(11)**_____, at about 9:30, I go to bed, read for a while, and then fall asleep. Sure, some people think my daily routine is a little boring – but on weekends and holidays I **(12)**_____ to fly airplanes … for fun! It's my favorite hobby.

1.
(A) so
(B) but
(C) and
(D) because

2.
(A) in
(B) at
(C) to
(D) on

3.
(A) is waking
(B) waking
(C) wake
(D) wakes

4.
(A) lots off
(B) lot
(C) lots of
(D) lots

5.
(A) my
(B) mine
(C) me
(D) I

6.
(A) not
(B) doesn't
(C) don't
(D) isn't

7.
(A) does
(B) have
(C) are
(D) is

8.
(A) ate
(B) eating
(C) eats
(D) eat

9.
(A) at
(B) in
(C) by
(D) on

10.
(A) and
(B) or
(C) so
(D) but

11.
(A) However
(B) Finally
(C) Because
(D) First

12.
(A) love to
(B) loves to
(C) loving
(D) love

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LIVEWORKSHEETS

NAME: _____ DATE: _____

DAILY ACTVITIES

- **WRITING PRACTICE:** ***"Write a paragraph about your daily routine."***

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LIVEWORKSHEETS

LESSON **Reading and Grammar: My Daily Routine**

Aim Reading and Grammar Practice
Level Elementary

NOTES

Begin the lesson by asking your learners about their favorite time of the day.

Distribute the Reading Comprehension sheet (the eight questions on page 2) before your learners actually read the text on page 1. Give them about a minute to quickly go over the questions and remind them that they want to skim and scan the text to answer the questions quickly – remember: good readers do two things: (1) understand what they read; (2) read quickly. Consider giving your learners an appropriate time limit to read and answer all the questions (about 10 – 15 minutes) – write this on the board so everyone is aware of it. This time may vary somewhat depending on your own specific group of learners, so be flexible.

For the Grammar-in-Context section, make sure that your learners have put away the original reading text before completing the exercise.

This lesson is now on YouTube!

https://www.youtube.com/watch?v=_Eio4owRAFo

Thanks, Renata!

ANSWER KEY

Reading Comprehension

1. C
2. A
3. C
4. B
5. B
6. C
7. A
8. B

Grammar-in-Context

1. B
2. A
3. D
4. D
5. A
6. C
7. D
8. D
9. A
10. B
11. B
12. D

GRADE CONVERSION

8 / 8 = 100%
7 / 8 = 88
6 / 8 = 75
5 / 8 = 63
4 / 8 = 50
3 / 8 = 38
2 / 8 = 25
1 / 8 = 13
0 / 8 = 0

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LIVEWORKSHEETS