

Unit 5

A Complete the sentences with a word formed from the word in capitals.

- 1 All companies that use _____ modified ingredients in their products should be obliged by law to state it clearly on their labels. **GENE**
- 2 That pizza was delicious, but I'm afraid I ate too much. I was awake half the night with _____. **DIGEST**
- 3 You know you can be overweight and still suffer from _____ if all you ever eat is junk food that is high in calories but does not provide adequate vitamins and minerals. **NUTRITION**
- 4 Doctors say that having a(n) _____ lifestyle can be just as bad for your health as smoking. **ACT**
- 5 If you have a healthy, balanced diet, there's no need to take _____ supplements. **DIET**
- 6 When you drink only _____ milk, you also miss out on some of the nutrients that are in the cream. **SKIM**
- 7 We can never share a pizza; we can't agree on what _____ to order. **TOP**
- 8 You don't need to cook this evening; there are plenty of _____ from yesterday. **LEFT**
- 9 Dining at Chuckers' Chicks was the worst culinary experience of my life; even the apple pie they served for dessert was _____. **MOULD**
- 10 I'm glad you liked the food. Why don't you have another _____? **HELP**

B Choose the correct answers.

- 1 They'll never promote you to that chef's job you want; it's time to wake up and ___ the coffee.
a taste b brew c spill d smell
- 2 No one wants to make the decisions about which of the restaurant staff will be made redundant; it's a real ___ potato.
a hot b burning c sizzling d fried
- 3 Okay, so you burnt dinner again. It's no use crying over ___ milk; we'll just order a takeaway.
a sour b spoilt c split d spilt
- 4 Oh no, I spoiled the chef's famous sauce! If he finds out, I'm ___!
a roast b toast c oats d scraps
- 5 If you want to learn how to cook, you'll have to stop playing video games and spend some time in the kitchen. I'm afraid you can't have your ___ and eat it.
a biscuit b cookie c cake d tart
- 6 Jamie is really full of ___ today. Look at how fast she's chopped up all those vegetables.
a nuts b raisins c beans d chips
- 7 I really got ___ on my face when I spilled that soup on one of the customers! How humiliating!
a egg b cream c sauce d supper
- 8 Paulo is quite proud of his new espresso machine. He believes it's the best thing since ___ bread.
a spiced b sliced c diced d stale
- 9 Eat more slowly! How can you enjoy your meal when you just ___ down your food like that?
a nibble b sip c gobble d swallow
- 10 Food stylists are employed to make sure the food looks more ___ when it is photographed for magazines or food blogs.
a ravenous b appetising c bland d famished

C Complete the sentences.

- 1 Let's get a hamburger, _____?
- 2 You'll come to my dinner party, _____?
- 3 So you think you're such a great cook, _____?
- 4 I really need to go on a diet, I _____.
- 5 Everyone's had some ice cream, _____?
- 6 That's the last of the cookies, _____?
- 7 So, I'm useless in the kitchen, _____? We'll just have to see about that!

- 8 I am a great pastry chef, _____?
- 9 He'd rather eat out every night than cook, he _____.
- 10 Sue really likes chocolate, she _____.

D Complete the second sentence so that it has a similar meaning to the first sentence. Use the words in bold.

- 1 When you've got a cold there's nothing better to help you recover faster than hot chicken soup.

OFF

When you've got a cold, there's nothing better to help you _____ than hot chicken soup.

- 2 They should have finished setting up the restaurant by now, but they encountered a few problems.

AGAINST

They should have finished setting up the restaurant by now, but they _____ problems.

- 3 I just need to heat the soup and it will be ready to serve.

UP

The soup will be ready to serve as soon as I _____.

- 4 Bart is definitely a lot like his father, who was a very creative chef.

TAKES

Bart definitely _____, who was a very creative chef.

- 5 I don't understand how you can tolerate such rude behavior.

WITH

I don't understand how you can such _____ rude behavior.

- 6 That medicine tastes so bad that it makes me want to vomit.

IT

That medicine tastes so bad that I want to _____ every time I take it.

- 7 Their plans to start a catering business failed due to lack of funds.

FELL

They were going to start a catering business, but _____ due to lack of funds

- 8 Why aren't you eating your food? Don't you like it?

AT

Why are you _____? Don't you like it?

- 9 My sister had an idea for a new dessert, but she was unsuccessful in her attempt to make it.

PULL

My sister had a great idea for a new dessert, but she didn't manage _____.

- 10 The boys were so hungry by the time their dinner was ready that they gobbled it up in no time.

OFF

The boys were so hungry by the time their dinner was ready that they _____ in no time.