

## The Three Rs

People make a lot of rubbish. We don't have many places for rubbish on the planet. The land is filling with rubbish too quickly. To save the planet, we can use 'three Rs'. They are three things we can do to make less rubbish.

**Reduce** means *make less, take less, use less*. Don't buy things that have a lot of packaging. Don't buy things that you don't need. You can borrow them from a friend once a year. Don't buy paper journals, when you can read them online. And, of course, turn off the light when you are not in the room.

**Reuse** means *use many times*. Don't take a plastic bag in the shop. Bring your own bag. If don't buy a lot, just put it in your backpack. If you buy for all family, buy or make a reusable bag. Reusable bags can be used more times than plastic bags. You can buy clothes from a second-hand store. If you don't want to wear an old shirt or trousers, you can donate it. There are charity shop boxes for clothes all around Moscow.

**Recycle** means *make a new thing from an old one*. New paper from old paper, for example. It works for plastic, glass, metals, too.

Glass is easy to recycle. It can be recycled a lot of times. Paper can be recycled, but not so many times. And not all types of paper can be recycled. For example, the paper that has plastic on it, like a paper cup, can't be recycled.

Task 1: What are the three Rs?

- 1.
- 2.
- 3.

Task 2: The text gives ecology tips. Which of the next tips are good for ecology? Which are bad?

- Don't buy things you don't need
- Buy plastic bags every time you go to the shop
- Buy clothes from second-hand store
- Use a lot of paper, because you can recycle it
- Don't use plastic bags that you have now. Put them all into rubbish.