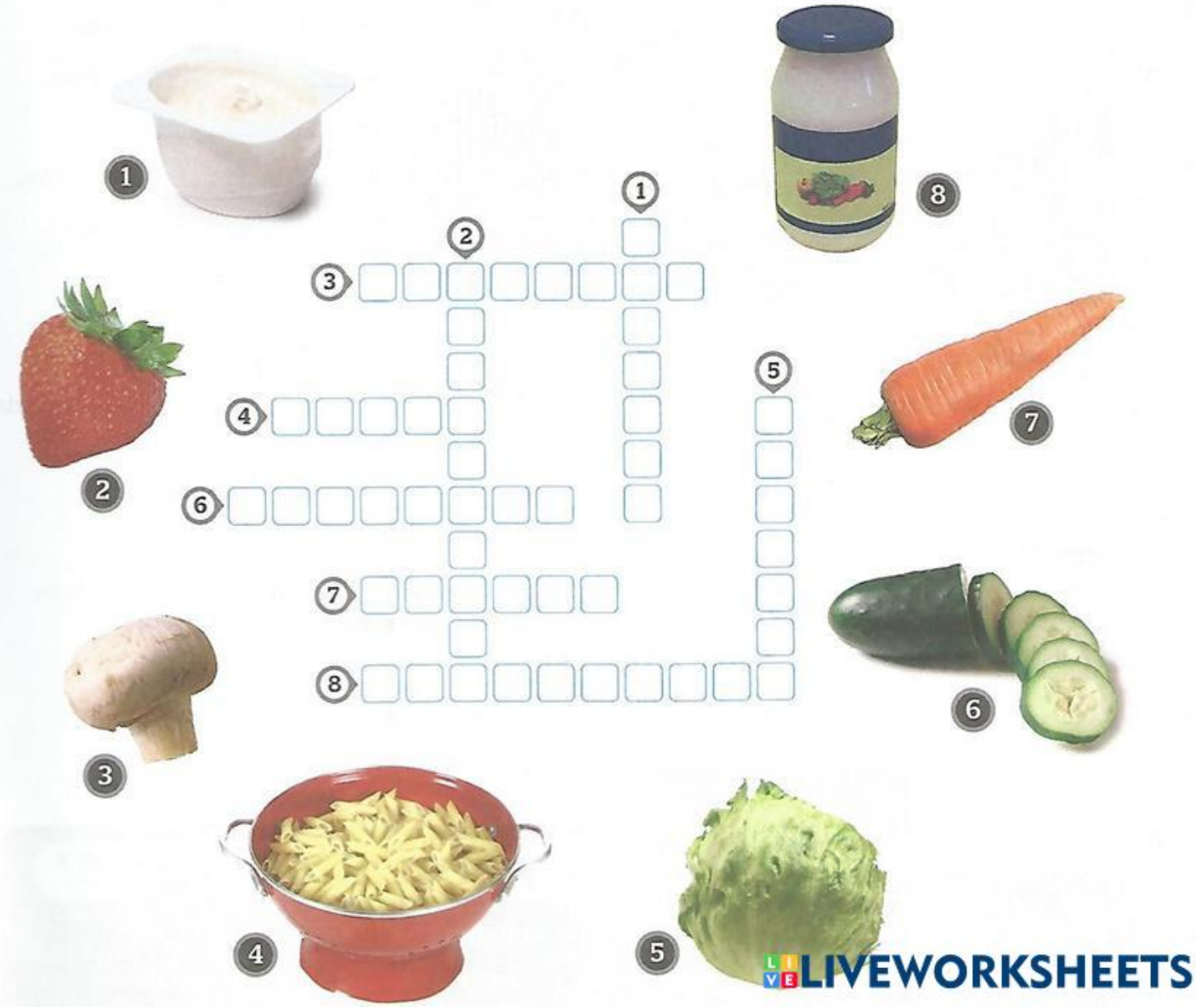
7d Think healthy

A. Look at the pictures and complete the crossword.



LIVEWORKSHEETS

B. Circle the correct words.

1. John never eats junk food because he thinks it's **unhealthy** / **tasty**.
2. Fried food has a lot of **fat** / **sugar** in it.
3. **A:** Would you like some **sausages** / **peas**?

   B: No, thanks. I don't eat meat.
4. Let's add some olive **sauce** / **oil** to the salad.
5. Lisa **avoids** / **overdoes** eating food with a lot of salt or sugar because she is on a diet.
6. If you want to lose weight, it is **necessary** / **strong** to exercise.
7. Michael never drinks milk. He hates **vitamins** / **dairy products**.
8. What do you **feel** / **choose** like eating today?
9. John bought some **rich** / **fresh** fruit from the market yesterday.
10. My brother goes for a walk in the park every **nowadays** / **now** and then.

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