

## 1 Match the quotes to the adjectives to describe feelings.

ashamed awkward bothered jealous  
pleased proud stressed upset

- 'Our teacher was happy and satisfied with our project.'
- 'I don't like Laura – but I wish I was as popular as her.'
- 'I'm nervous about my exams – I can't relax.'
- 'I've lost my favourite jacket – I'm really sad about it.'
- 'I find it hard talking to new people – it makes me feel shy and uncomfortable.'
- 'I've won the school essay prize – my mum is really happy about it!'
- 'I wish I hadn't laughed at Tom – I feel really embarrassed that I hurt his feelings.'
- 'I was a little bit annoyed that I didn't get a better score in the test.'

2 **2.06** Listen to three students talking about a new student in their class.

- What do the speakers say about ...
  - how they feel towards their class's new student?
  - how their classmates feel towards the new student?
- Which of the new students had difficulty making friends?

## 3 Read the next part of the students' comments about each of the people in Ex 2. Write which one of the comments A–D completes them. There is one comment you don't need.

- A '... we need to show respect to other cultures and try to understand them. If you take time to get to know someone from another culture, you may find they're not as different as you think.'
- B '... people who are different should try harder to fit in with everyone else, and not make other people feel awkward.'
- C '... we are not responsible for what happens to us in life – but we are responsible for how we react to it.'
- D '... you shouldn't judge people by their appearance – you have to get to know them before you make decisions like that.'

## 4 Read comments A–D again and decide which ones you agree with.

5 **2.06** Listen and read again. Put these pieces of advice into the DO or DON'T column in the table.

|                                |                          |
|--------------------------------|--------------------------|
| ask them questions             | make quick decisions     |
| be unkind to them              | about them               |
| get to know them               | make them feel awkward   |
| ignore them                    | show them respect        |
| judge them by their appearance | take an interest in them |
| laugh at them                  | talk to them             |

| DO | DON'T |
|----|-------|
|    |       |

## 6 Complete the sentences with advice from Ex 5.

When you meet someone for the first time,

- you should \_\_\_\_\_
- you shouldn't \_\_\_\_\_
- it's a good idea to \_\_\_\_\_
- it's not a good idea to \_\_\_\_\_
- they would appreciate it if you \_\_\_\_\_
- they would not appreciate it if you \_\_\_\_\_
- the best thing you can do is \_\_\_\_\_
- the worst thing you can do is \_\_\_\_\_
- I would recommend that you \_\_\_\_\_

7 **MEDIATION** A friend has sent you a text saying they have a new student in their class who is very quiet and is not making new friends. Your friend asks you for some advice on how to help them. Reply using the information in this lesson.

## COMMENTS

But somehow, Laura decided that she and I would get on well with each other. She made an effort to talk to me. And slowly, we've become good friends. She is actually a really kind person – not selfish at all. She takes an interest in me and my family, and she has given me a lot of support when I've had problems at school. I know I can ask her anything and she will always tell me the truth. She's extremely honest. Being friends with Laura has made a big difference to my life. I guess from Laura I've learned that ... <sup>1</sup> \_\_\_\_\_



After a few minutes, it was clear that we had the same sense of humour. Kyle is one of the funniest people I've ever met – he can make a joke about anything. He has always cheered me up when I've been sad. And I've given him support when he's needed it, too. It's easy to understand Kyle if you listen carefully, and he's really intelligent. I know some people have bullied him. That's not OK, so we're working on that. But he's always really positive. I've learned from Kyle that ... <sup>2</sup> \_\_\_\_\_



Since then, our teacher has encouraged some of us to take an interest in Mina's culture. We asked her questions about what she liked and discovered that we are into some of the same things, like music and make-up. Mina was so pleased that we wanted to know about her. We've learned that she wasn't rude – she was just shy and her English wasn't very good at first. Also, she's never been in a school with boys before – that's not allowed in her culture. And she's never done any sports or social activities, so she got quite stressed when we invited her to join in. I think that I've learned from Mina that ... <sup>3</sup> \_\_\_\_\_

