

UNIT 8 – BECOMING INDEPENDENT.

TEST 2

A. PHẦN TRẮC NGHIỆM

Mark the letter A, B, C, or D on your answer sheet to indicate the word whose underlined part differs from the other three in pronunciation in each of the following questions.

Question 1: A. manage B. carry C. achieve D. grandpa

Question 2: A. measure B. study C. decide D. schedule

Mark the letter A, B, C, or D on your answer sheet to indicate the word that differs from the other three in the position of primary stress in each of the following questions.

Question 3: A. combine B. learner C. remove D. around

Question 4: A. confidence B. motivate C. management D. dependence

Mark the letter A, B, C, or D on your answer sheet to indicate the word(s) CLOSEST in meaning to the underlined word(s) in each of the following questions.

Question 5: Reading books helps me achieve confidence in my knowledge.

A. rinse B. manage C. gain D. identify

Question 6: Knowing how to use public transportation is an essential skill for independence.

A. responsibility B. freedom C. motivation D. confidence

Mark the letter A, B, C, or D on your answer sheet to indicate the word(s) OPPOSITE in meaning to the underlined word(s) in each of the following questions.

Question 7: Knowing the pros and cons of using technology can help us use it responsibly.

A. benefits B. drawbacks C. disadvantage D. advantage

Question 8: Learning to deal with financial challenges helps us manage money effectively.

A. self-study B. solve C. get around D. ignore

Mark the letter A, B, C, or D on your answer sheet to indicate the option that best completes each of the following exchanges.

Question 9: Binh and Minh are having coffee together:

Binh: "I am going to Australia tomorrow to start my scholarship!"

Minh: "_____"

A. Thanks so much! B. Get well soon! C. Have a great journey! D. Happy holidays!

Question 10: Peter is receiving lucky money from his grandmother:

Peter's grandmother: "Here is your lucky money."

Peter: "Thank you, grandpa! _____"

A. I wish you a happy and healthy new year. B. Good luck!
C. The same to you! Thanks. D. Thank you for your wishes.

Mark the letter A, B, C or D on your answer sheet to indicate the underlined part that needs correction following questions.

Question 11: It is Dorry who installed the time-management apps for me.

A **B** **C** **D**

Question 12: It was at 10 p.m. who my father called me several times to go home.

A **B** **C** **D**

Question 13: Learning basic math skills helps you come of with solutions to everyday problems.

A **B** **C** **D**

Read the following passage and mark the letter A, B, C, or D on your answer sheet to indicate the correct word or phrase that best fits each of the numbered blanks.

When our children become old enough to possibly feel rejected by their peers, it makes us miss the days of (14) _____, when we could clearly identify safety hazards and do something about it (like canvassing the house with those plastic outlet covers). As our children get older, we realize how important it is to (15) _____ and resolve those emotional safety hazards, but (16) _____, they don't make outlet covers for that.

Children around age 5 are pretty famous (17) _____ being blunt. They haven't quite gotten the social graces of not staring, pointing, or making cringe-worthy comments. We view what they say as embarrassing or hurtful, (18) _____ they are often simply stating what they see, like a narrator of their own experience. They haven't yet internalized those things called social norms!

Regardless of the intention of the other children pointing out your son's unique habits, what matters most is he feels bothered by something about himself that didn't bother him before other kids noticed. You are right that this is a great opportunity to work on building (19) _____ and a healthy self-esteem and to figure out the balance between embracing his individuality and feeling comfortable with peers. As a clinical psychologist in private practice who specializes in working with children and adolescents, here's how I would go about it.

<https://www.parents.com/parenting/better-parenting/>

Question 14: A. managing B. gaining experience C. getting around D. doing babysitting

Question 15: A. remove B. deal with C. identify D. carry out

Question 16: A. fortunately B. unfortunately C. fortunate D. unfortunate

Question 17: A. for B. with C. to D. on

Question 18: A. so B. but C. then D. and

Question 19: A. management B. learning goal C. dependence D. confidence

Read the following passage and mark the letter A, B, C, or D on your answer sheet to indicate the correct answer to each of the questions.

As far as time management tips go, working on a tight schedule can be useful for staying on top of work and balancing time effectively, especially if you're managing multiple projects and deliverables. But for some, scheduling the entire day can feel restrictive.

According to Chris Bailey, the author of *Hyperfocus: How to Be More Productive in a World of Distraction*, managing your focus is actually a lot more important than managing your time. "You can show

up to meetings when you're supposed to, and are fully capable of keeping your calendar on track. Most of us are good at managing our time," he writes. "What we're not good at is managing our attention."

Even the most well-scheduled day can be thrown off completely if we're distracted, and it's not easy to regain focus on the spot. In order to improve "attention management," executive coach Monique Valcour suggests that you reserve time for daily self-reflection. It can help you understand what's working, what's not, and how to **tackle** the next day more effectively. "If one approach isn't working, try another rather than continuing to hammer away fruitlessly," she writes.

Whether you're a chronic scheduler or prefer flying by the seat of your pants, what matters most is that the system works for you. "Productivity strategies ... lose **their** potential to motivate when they don't feel meaningful," says Valcour. "Try reframing something you have to do in terms of your core values for stronger and more sustained focus."

<https://slack.com/intl/fr-vn/blog/collaboration/time-management-tips>

Question 20: What is the best title for the passage?

- A.** Focus on managing your attention, not your schedule.
- B.** Chris Bailey – a famous author.
- C.** Time-management skills.
- D.** Monique Valcour – an effective executive coach.

Question 21: Which of the following sentences is TRUE, according to Chris Bailey?

- A.** We are not good at managing our time
- B.** We are good at managing our concentration.
- C.** We are good at meeting
- D.** We are not good at managing our attention.

Question 22: What should we do to improve our "attention management", according to Monique Valcour?

- A.** reserve time for daily self-reflection.
- B.** understand what's working, what's not.
- C.** figure out how to tackle the next day more effectively.
- D.** try another rather than continuing to hammer away fruitlessly.

Question 23: The word " **tackle** " in the 3rd paragraph is closest in meaning to _____.

- A.** get around
- B.** carry out
- C.** deal with
- D.** come up with

Question 24: The word " **their** " in the final paragraph refers to _____.

- A.** values'
- B.** strategies'
- C.** scheduler's
- D.** Valcour's

Question 25: According to the passage, which of the following sentences is NOT true:

- A.** Chris Bailey is the author of Hyperfocus How to Be More Productive in a World of Distraction.
- B.** "Managing your focus is actually a lot more important than managing your time," said Chris Bailey.
- C.** "If one approach isn't working, try another rather than continuing to hammer away fruitlessly," said Chris.
- D.** Even the most well-scheduled day can be thrown off completely if we're distracted.

Mark the letter A, B, C, or D on your answer sheet to indicate the correct answer to each of the following questions.

Question 26: Knowing how to use public transportation is essential to get _____ in the city.

Question 1: Setting an _____ goal like waking up on time helps teenagers become more independent.

Question 2: Mia uses a _____ of cooking recipes and experimenting to make meals for herself.

Question 3: Kevin _____ takes on leadership roles in group projects at school.

Question 4: Knowing _____ units such as liters and milliliters is important for cooking and baking. **Question 5:** Tom helped with the _____ of the fallen leaves from the garden.

Part 2. Rewrite the following sentences using Cleft Sentences:

Question 1: Sophia confidently expressed her opinions and ideas during class discussions.

It was _____.

Question 2: Jake uses a combination of practice and determination to improve his sports skills.

It is _____.

Question 3: Lucy is becoming independent by taking on more responsibilities at home.

It is _____.

Question 4: Binh carried out his plan to study for his exams after school.

It was _____.

Question 5: Lisa gets into the habit of doing her laundry every weekend without being reminded.

It is _____.

THE END.