



TEST – FOCUS 5 (B2+/C1)

Unit 2.1 + Unit 2.3

CZĘŚĆ I – SŁOWNICTWO

8 zadań × 8 przykładów

ZADANIE 1. Uzupełnij brakującą przyimkową część wyrażenia

1. I was completely out ____ my depth during the oral exam.
2. You need to brush up ____ your French before the trip.
3. Try to keep things ____ perspective.
4. Exams are looming ____ and everyone is stressed.
5. My heart was pounding ____ I entered the exam room.
6. He sailed ____ all his exams without revision.
7. She hammered it ____ us that grades matter.
8. I'm swimming ____ past papers right now.

ZADANIE 2. Wybierz poprawną opcję (A/B/C)

1. I had to ____ up all my courage before the presentation.
A collect
B summon
C gather
2. There are books ____ up all over my desk.
A lying
B piled
C collected
3. He always ____ up excuses for being late.
A invents
B cooks
C creates
4. Let's go out and ____ up a bit after revision.
A relax
B lighten
C amuse

5. He ___ through exams without much effort.
A rushed
B swam
C sailed

6. I just ___ it up when teachers praise me.
A swallowed
B lapped
C gathered

7. I feel my heart ___ when stress kicks in.
A aching
B jumping
C pounding

8. I wouldn't raise that topic – it's a real ___.
A bundle
B minefield
C wreck

ZADANIE 3. Uzupełnij wyraz (pierwsza i ostatnia litera podana)

1. She was a b_____e of nerves before results day.
2. When he saw his score, it felt like a w_____t was lifted.
3. My mind went b_____k during the exam.
4. Keep things in p_____e.
5. Exams don't have to turn you into a nervous w_____k.
6. I suddenly felt a c_____m come over me.
7. I was completely out of my d_____h.
8. He takes everything in his s_____e.

ZADANIE 4. Uzupełnij zdania słowami z ramki (UWAGA: 2 zbędne)

bundle · stride · looming · pounding · blank · regurgitating · frazzled · sun

1. With exams _____, everyone is tense.
2. I felt totally _____ after the revision weekend.
3. He usually takes problems in his _____.
4. My mind went completely _____.

5. I've done all the past papers under the _____.
6. Her heart was _____ when she entered the hall.
7. I hate memorising and then _____ facts.
8. He was a nervous _____ of energy.

ZADANIE 5. Tłumaczenie (PL → EN)

1. być poza swoją głębią
2. zebrać się na odwagę
3. trzymać coś w ryzach / pod kontrolą
4. wykuwać na pamięć
5. czuć ulgę
6. spanikować
7. zachować perspektywę
8. iść jak burza (przez egzaminy)

ZADANIE 6. Uzupełnij jednym słowem

1. I tend to panic when faced ____ a difficult task.
2. He revised thoroughly, but his mind went ____.
3. She kept her emotions ____ control.
4. I was completely overwhelmed ____ notes.
5. Exams don't have to turn you ____ a wreck.
6. He stayed calm ____ pressure.
7. I need to brush ____ my German.
8. That topic is ____ minefield socially.

ZADANIE 7. Wybierz poprawne słowo

1. After the exam, it felt like a weight had been
A removed

B lifted
C taken

2. I try to keep revision in
A control
B perspective
C order
3. He's been ___ facts instead of understanding them.
A repeating
B regurgitating
C revising
4. She was completely ___ after the exams.
A wrecked
B frazzled
C blank
5. My heart started ___ when I saw the questions.
A jumping
B pounding
C striking
6. I'm ___ in revision notes.
A covered
B swimming
C sinking
7. I don't see how I could do any more under the
A moon
B sun
C sky
8. Try to get a ___ on yourself.
A hold
B grip
C grab

ZADANIE 8. Parafraza (zachowaj sens)

1. I was extremely nervous → I was a _____ of nerves.
2. I couldn't think clearly → My mind went _____.
3. I felt relieved → A _____ was lifted.
4. He stayed calm → He kept his _____.
5. Exams stressed him → Exams turned him into a _____.
6. I was overwhelmed → I was _____ with work.

7. He handled it well → He took it in his _____.
8. I revised everything → I did all the past papers under the _____.



CZEŚĆ II – GRAMATYKA

SPECULATING (Unit 2.3)

8 zadań × 8 przykładów

ZADANIE 9. Wybierz poprawną formę

1. Look at these notes – someone ___ all night.
A must study
B must have been studying
C can't have studied
2. She didn't answer – she ___ nervous.
A must be
B could have been
C may be
3. He failed badly – he ___ much revision.
A may have done
B must have done
C can't have done
4. This building ___ before the war.
A may build
B must have been built
C must be building
5. She's not answering – she ___ to revise.
A may be trying
B may try
C must have tried
6. These exercises ___ strange, but they help.
A can't sound
B could sound
C may sound
7. We ___ a beginners' course next month.
A probably will join
B will probably join
C will join probably

8. She ___ it's a problem.
A can't realise
B may not realise
C must realise

ZADANIE 10. Uzupełnij (max 6 słów)

1. She (must / practise) _____ for years.
2. They (may / find) _____ a solution by now.
3. The equipment (must / lend) _____ to them.
4. You (can / not / learn) _____ that by copying.
5. He (may / study) _____ abroad.
6. She (can / not / do / this) _____ for long.
7. The school (must / establish) _____ long ago.
8. Someone (must / teach / her) _____ swim.