

Listening comprehension

Listen carefully to the audio, then complete the sentence with the correct phrasal verb.



1. She usually _____ early on weekdays to prepare for work.
2. After work, she leaves the office and _____ of the building around five thirty.
3. She feels comfortable at work because she _____ well with her coworkers.
4. When she feels stressed, she likes to _____ from the city on weekends.
5. The short trip helped her relax and _____ the stress from a hard week at work.