



WILLOWS WELL-BEING RETREAT

Location

Surrounded by ¹..... the only thing interrupting the peace at the Willows Well-being Retreat is the sound of birdsong and leaves moving on the trees. Or if you find yourself standing on the ²....., the gentle sound of water rushing by.

Facilities

- World-class dining
- Freshwater swimming pool
- Large ³..... amongst the trees for yoga classes.

Activities

From forest bathing to hiking along ancient ⁴..... through the landscape, there is a wide variety of well-being activities to choose from during your stay. For those who prefer being less active, simply sit and enjoy the beautiful ⁵..... around you or bathe in the ⁶..... shining warmly through the trees.

We look forward to welcoming you at Willows!