

CYCLING HOLIDAY LISTENING

You will hear an interview with a girl called Steffi Smeeton, who is talking about a group cycling trip she went on. Listen and choose the best answer A, B or C.

1. How did Steffi feel when she first heard about the trip?

- A. unsure whether she'd be fit enough.
- B. surprised that such things existed.
- C. certain that she'd enjoy it.



2. The main thing that Steffi hoped to get out of the trip was

- A. a greater commitment to cycling.
- B. a new way of dealing with life's challenges.
- C. a chance to meet many different sorts of people.

3. How did Steffi's family react to news of the trip?

- A. Everyone wanted to help her get ready.
- B. Her brother wished that he could go too.
- C. Her sister-in-law thought it was a bad idea.

4. Steffi says that some of the group members

- A. lost patience with those who couldn't keep up.
- B. were too tired to socialize in the evenings.
- C. already had experience of that sort of trip.

5. Steffi says that some group members agreed to

- A. go out cycling together at weekends.
- B. keep in electronic contact with each other.
- C. go on another trip together in the future.

6. Steffi says that the trip has taught her to

- A. see the importance of being part of a team
- B. work more efficiently in her college studies.
- C. have a more relaxed attitude in general.

7. What activity does Steffi plan to try next?

- A. running
- B. sailing
- C. flying

