

Vocabulary Fill-in-the-Blank Exercise (B2 Level)

Instructions:

Complete each sentence with a word from the box. Each word can only be used once.

Word Bank:

actually | balance | catch on | complex | components | concept | enthusiastically | essence | findings | gap | life expectancy | measure | polls | reasonable | solidarity | sum total | trend | well-being

1. Researchers have shared new _____ about how diet affects sleep.
2. The _____ of a happy life usually involves good health and strong relationships.
3. Maintaining a proper work-life _____ is essential to avoid burnout.
4. This new app has started to _____ among young adults.
5. The problem was very _____ and required several specialists to solve it.
6. Exercise, nutrition, and mental health are important _____ of a healthy lifestyle.
7. The teacher explained the _____ of freedom to the students.
8. The crowd applauded _____ when the speaker finished.
9. The main _____ of the report **show** that reading improves memory.
10. There is a noticeable _____ in income between urban and rural areas.
11. Advances in medicine have increased _____ around the world.
12. The government attempted to _____ public opinion before making a decision.
13. Recent _____ indicate that many people prefer online shopping.
14. It is _____ to save some money for emergencies.
15. Citizens demonstrated their _____ during the charity campaign.
16. Adding up all the expenses gives us the _____ of our monthly budget.
17. Oversized jackets are becoming the latest fashion _____.
18. Good physical and mental health are key for overall _____.