

Name: _____ Class: _____ Total: _____ /70

Grammar Total: _____ /100

1 Put the words in the correct order to make sentences. (Mark: ___ /6)

1 chess / ever / hardly / plays / Sheila

2 bowling / goes / My / often / on / sister / Tuesday

3 dancing / every / Friday / go / usually / We

4 always / at / darts / play / the / They / weekend

5 father / goes / My / never / shopping

6 a / buy / every / I / morning / newspaper

2 Write the correct form of the words below (adjective or adverb). (Mark: ___ /8)

early easy good clear late careful hard fast

1 He gets a lot of money because he works very _____.

2 He's in drama school, but he doesn't act very _____.

3 We like cycling downhill because we can go really _____.

4 It's a big city, so it's _____ to get lost.

5 Please speak _____, so I can understand you!

6 Let's take a taxi! I don't want to be _____.

7 He gets up _____ because he starts work at 6 a.m.

8 This road is dangerous. Please drive _____!

3 Rewrite the sentences and questions. Correct the mistakes. (Mark: ___ /6)

1 Dad can't drawing very well!

2 Tim can to sing very beautifully.

3 We don't can go dancing this weekend.

4 You can do swim 10 km?

5 Ana can to play the guitar

6 Jim no can prepare dinner today.

Vocabulary

4 Complete the sentences with the words below. (Mark: ___ /7)

athletics chess jogging fashion photography basketball ice skating

- 1 I go to the _____ club at school. We take excellent photos there.
- 2 It's winter and it's really cold. Let's go _____!
- 3 _____ players are usually very tall.
- 4 We often go _____ in the park in the evening. It helps us sleep better.
- 5 Mary is interested in _____ and she always wears nice clothes.
- 6 I love doing _____ – running and jumping are my favourite sports.
- 7 When we are at home, my father and I often play _____ in the evenings.

5 Complete the sentences with the words below. (Mark: ___ /7)

hit run swim climb fall jump fly

- 1 I can't _____ trees because I don't like high places!
- 2 In football you can't _____ the ball with your hands.
- 3 Be careful! Don't _____ off your bike!
- 4 Don't _____ into the sea. It's very cold!
- 5 His cousin can _____ a plane!
- 6 I can't _____ well, so I don't usually go to the pool.
- 7 My brother can't _____ fast. He's got short legs!

6 Complete the dialogue with the words below. (Mark: ___ /6)

brilliant favourite interested kind prefer stand

- A Are you 1 _____ in fashion?
B No, I can't 2 _____ it! Don't talk to me about fashion!
A Oh, really? I think it's 3 _____! I love the clothes and the styles!
B Well, I 4 _____ dancing, because I like the exercise.
A What 5 _____ of dancing?
B Salsa, tango, samba.
A Who's your 6 _____ dancer?
B My girlfriend! Come and see us at the dance club!

Use of English

7 Complete the sentences with the words below. There is one word you do not need. (Mark: ___ /10)

compete crowd fan goal head loudly match regularly shoulders team train

- 1 I'm a big _____ of tennis. I _____ watch it on TV.
- 2 When cheerleaders _____ in a competition, they sometimes stand on another cheerleader's _____!
- 3 Our school's rugby _____ usually _____ very hard before a big game.
- 4 Footballers often use their _____ to score a _____ in a football game.
- 5 We always cheer _____ when our hockey wins a _____.

Reading

9 Read the text. (Mark: ___ /5)

Interviewer Dr Watson! Just how important is sport for teenagers?

Dr Watson 1_____ It's no good just spending two or three hours a day playing video games. You can't be fit and healthy if you hardly ever do exercise. Three or four hours a week is OK. Different sports exercise different parts of the body. For example, swimming is excellent for your arms and shoulders. 2_____ Then, there are team sports, where you need to use special skills to play well. Team sports can also help you work more easily with other people – and this is important when you want a job.

Interviewer 3_____

Dr Watson These are not a very good idea, because they can be quite dangerous. You need special protection like a helmet for your head, pads for your knees and elbows. It's always a good idea to work with a trainer, who can help when you have problems.

Interviewer 4_____

Dr Watson Things like board games or bowling can also be very good for you. They don't give you much physical exercise, of course, but they are important mental exercise. And they are often good fun too. 5_____ Oh, and finally, I would also recommend listening to or playing music. It's important to work with both mind and body, and music can do that very well!

Match the sentences A–E with the gaps 1–5 in the text.

- A Cycling, on the other hand, is good for your legs and knees.
- B What about other activities?
- C Well, all young people need physical exercise.
- D What about extreme sports?
- E You meet lots of different people and you enjoy life more.