Health Problems & Giving Advice



Giving Health Advice with Adjective + Infinitive

Structure: *It's + adjective + to + base verb*

Common adjectives: important, helpful, good, better, necessary, healthy, safe, smart

Examples:

- It's important to get some rest.
- It's helpful to drink warm tea.

2. Modal Verbs for Requests and Suggestions



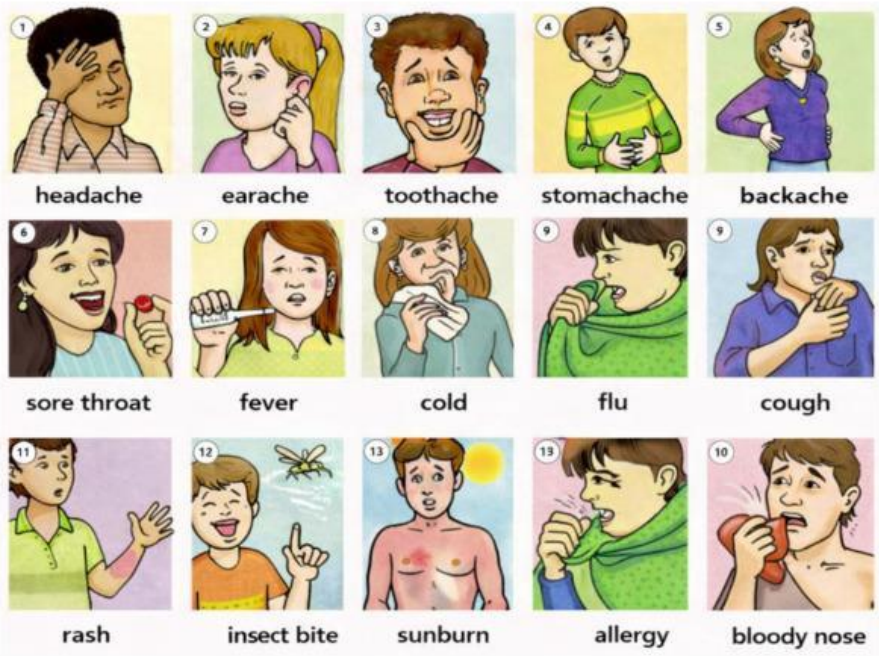
Requests:

- Can I have something for a headache?
- Could I get cough syrup, please?
- May I have some pain medicine?

Suggestions:

- You should rest more.
- You could try this medicine.
- Why don't you drink some tea?

Most Common Health Problems



LIVEWORKSHEETS

EXERCISES

Exercise 1: Match the problem with the advice

1. Headache	a) You should drink warm tea
2. Cold	b) It's a good idea to rest
3. Sore throat	c) You should take a painkiller

Exercise 2: Complete the sentences

1. It's _____ drink a lot of water. (important)
2. You _____ rest if you have a fever. (should)
3. It's a _____ sleep early. (good idea)

Exercise 3: Choose the correct option

1. _____ I have something for a cough? (Do / Can / Am)
2. It's healthy _____ fruits every day. (eat / to eat / eating)

Exercise 4: Write your own advice

Problem: cold
Advice: _____

Problem: stomachache
Advice: _____

Problem: backache
Advice: _____

Problem: rash
Advice: _____

LIVEWORKSHEETS