

Lesson 7 & 8 - Key Words

Word Bank:

Immediate

Relax

Stress

Calm

Panic

Repair

Relief

Prevention

Exhaustion

Creative

Tension

Free from disturbance, peaceful

The state of being stretch tight

The state of emotional strain

Sudden overpowering fright

To restore to a sound or healthy state

A means of thing that relieves pain, distress

Action of stopping something from happening

A state of extreme physical or mental fatigue

A state of extreme physical or mental fatigue

Done at once, instant

make or become less tense or anxious