NAME:_____ DATE:_____

DIRECTIONS Read the text. Answer the questions.

SCORE

1. ☺ 😐

2. ☺ 😐

3. ☺ 😐

4. ☺ 😐

____ / 4
Total

Would you eat ten packs of sugar? A can of soda may have that much sugar. The best drink for your body is water.

1. Which is true?

(A) Sugar is good for you.
(B) Water has sugar in it.
(C) Water is good for you.

2. How much sugar may a can of soda have?

(A) a cup
(B) ten packets
(C) two cups

3. Which word starts with the same sound as *sugar*?

(A) shop
(B) such
(C) sun

4. What is *sugar*?

(A) a sweet powder
(B) a drink
(C) water

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LIVEWORKSHEETS

WEEK 6
DAY
2

NAME:_____ DATE:_____

DIRECTIONS Read the text. Answer the questions.

SCORE

1. ☺ 😐

2. ☺ 😐

3. ☺ 😐

4. ☺ 😐

____ / 4
Total

Do you like a snack after school? Skip the cookies. Eat some fruit. Put peanut butter on celery sticks. You will feel good!

1. Which makes a good snack?

(A) healthy foods
(B) anything you want
(C) fast food

2. Which snack is **not** good for you?

(A) peanut butter on apple slices
(B) cookies and soda
(C) apple slices and bananas

3. Which word rhymes with  ?

(A) school
(B) snack
(C) bricks

4. Which is a fruit?

(A) banana
(B) carrot
(C) peanut butter

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NAME: _____ **DATE:** _____

DIRECTIONS Read the text. Answer the questions.

SCORE

Do you like salad for lunch? Some schools have a salad bar. Some have fruit, too. Schools want to have good foods that children like.

1. What do some schools have for lunch?

(A) soup and a sandwich bar
(B) fruit and a salad bar
(C) pizza and potato chips

2. Why do schools want to have good foods?

(A) so children will play a lot
(B) so children will eat good foods
(C) so children will like it

3. Which word has the same vowel sound as  ?

(A) salad
(B) fruit
(C) lunch

4. What is *lunch*?

(A) the meal eaten in the morning
(B) the meal eaten in the middle of the day
(C) the meal eaten in the evening

1. ☺ 😐
2. ☺ 😐
3. ☺ 😐
4. ☺ 😐

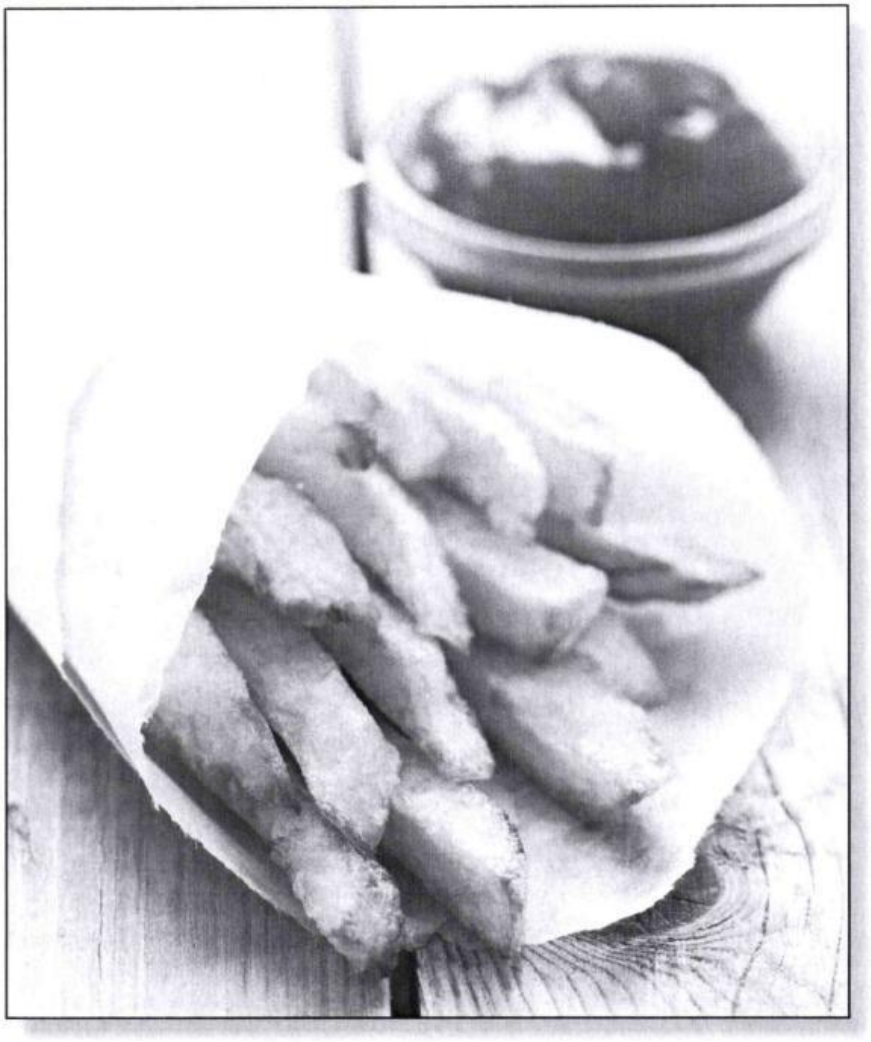
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Total

LIVEWORKSHEETS

NAME: _____ DATE: _____

School Lunch in France

Schools in France want children to eat good lunches. Most kids like ketchup. But ketchup has a lot of sugar. Children in France can have ketchup just once a week. That is when kids get to eat a burger and French fries.



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NAME:_____ DATE:_____

DIRECTIONS Read "School Lunch in France." Answer the questions.

SCORE

1. Why do schools in France want good lunches for children?

(A) so they will eat ketchup
(B) so they will eat healthy
(C) so they will eat burgers

2. What do children eat with ketchup?

(A) french fries
(B) pickles
(C) sugar

3. What is the problem with ketchup?

(A) It tastes bad.
(B) It costs a lot.
(C) It has a lot of sugar.

4. What is the main idea?

(A) Children in France don't like ketchup.
(B) Schools in France give out less ketchup.
(C) Schools in France don't like children.

1. ☺ 😐
2. ☺ 😐
3. ☺ 😐
4. ☺ 😐

____ / 4
Total

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LIVEWORKSHEETS

NAME: _____ DATE: _____

SCORE
___ / 4



Reread "School Lunch in France."



Think about the lunches children eat in France and the lunches you eat.



Write about what you think the best school lunch is.

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