

Lesson 5A

GRAMMAR | past simple: regular verbs

VOCABULARY | time phrases (2)

PRONUNCIATION | -ed ending of regular verbs

VOCABULARY

time phrases (2)

1 A Match (1–6) to (a–f) to make sentences.

- 1 I was at home all **a** when I was 18.
- 2 This morning I was in a meeting from 9 a.m. **b** day yesterday.
- 3 I worked in a supermarket **c** two weeks.
- 4 I started work at 10 a.m. and finished two hours **d** to 11.
- 5 We stayed in a hotel by the sea for **e** later.
- 6 My brother usually goes running **f** before breakfast.

B Choose the correct word to complete the sentences.

- 1 I was in meetings **a** all morning. **b** for **c** before
- 2 I worked in a café **a** from **b** later **c** before I started college.
- 3 **a** 2017 to 2020 I worked in a bank. **b** When **c** For
- 4 We visited our friends in Turkey in January, then again two months **a** before **b** later **c** from
- 5 **a** Nia was a teenager, she lived in York. **b** When **c** For
- 6 Santiago worked in a hospital **a** from **b** when **c** for five years.

C Complete the text with a time phrase in each gap.

From 2016 ¹ 2017, ² I was 18, I lived in Italy. I wanted to live in another country ³ I started university. I worked as a waiter in a small town ⁴ a year, at a restaurant, called Gino's. It was great! I worked ⁵ weekend, but ⁶ Monday to Friday, I travelled to lots of places in Europe. I visited beautiful beaches and the mountains, and I talked to lots of interesting people. Three years ⁷, ⁸ I finished university, I returned to the little town on holiday, but it was very different. The restaurant was a shoe shop and the people I worked with weren't there anymore.



Monday to

GRAMMAR

past simple: regular verbs

2 A Choose the correct word or phrase to complete the sentences.

- 1 You **worked** / You **didn't work** / Did you **work** in a shop when you were a teenager?
- 2 Did she **study** / She **studied** / Did she **studied** French at school?
- 3 We **listen** / **listened** / **did listen** to classical music all evening.
- 4 Marisa **didn't like** / **didn't liked** / **like** the film.
- 5 You **did walk** / Did you **walk** / You **walked** to work this morning?
- 6 A: Did you enjoy the lesson?
B: Yes, I **enjoyed** / I **was** / I **did**. It was great!

B Complete the blog post with the past simple form of the verbs in brackets.

A few years ago, I ¹ (decide) to do something different with my life. I really ² (want) to travel, but I ³ (not want) to only go on holiday. I ⁴ (study) Spanish at school and ⁵ (remember) a lot of it, so I ⁶ (look) online for a job teaching English. There was an advertisement for a job in Argentina, so I ⁷ (phone) the company and we ⁸ (talk) about the job. They ⁹ (ask) me lots of questions but they ¹⁰ (not offer) me a job. Then, a few days later, they ¹¹ (call) again. This time, it was good news! Three weeks later I was in Buenos Aires. I ¹² (live) there for two years.



PRONUNCIATION

3 A 5.01 | -ed ending of regular verbs | Listen to the sentences. Choose the correct endings of the past simple verbs.

- 1 We **watched** a really good film on TV last night. /t/ / /d/ / /id/
- 2 Last year Salma **visited** London for the first time. /t/ / /d/ / /id/
- 3 I **played** football with my friends on Sunday. /t/ / /d/ / /id/
- 4 I **stopped** eating meat last year. /t/ / /d/ / /id/
- 5 Ben **wanted** to study Russian at school. /t/ / /d/ / /id/
- 6 Everyone **looked** tired at the end of the day. /t/ / /d/ / /id/
- 7 When she was young, Daria **lived** in Moldova. /t/ / /d/ / /id/
- 8 I **started** work early this morning. /t/ / /d/ / /id/

B 5.01 | Listen again and repeat the sentences.

READING

4  Read the text. Select a picture to answer the question.

This athlete started sport when she was only five years old. She is now a British high jump champion.

Which photo does this describe?



5 A Read the article and answer the questions.

1 Where does Nicholas's foundation work now?
2 Where did Morgan Lake travel in 2016?

B Read the article again. Choose the correct option (a–c) to complete the sentences.

- 1 Nicholas Lowinger wanted to take his to the children's home.
a lights b mum c new shoes
- 2 Many children at the place he visited didn't have
a any shoes b food c old shoes
- 3 He started his organisation when he was
a five b ten c fifteen
- 4 Shops and companies give Nicholas
a old shoes b new shoes c money
- 5 Morgan Lake's helped her to become an athlete.
a mother b teacher c father
- 6 In 2009 she was first in the under-thirteen pentathlon
a in the world b in the UK c in Europe
- 7 In 2016 she was the first British woman to the high jump final since 1992.
a go to b lose c win
- 8 In 2020, Morgan was a and an athlete.
a student b waitress c teacher

Amazing lives

Sometimes people do amazing things when they're very young. Here are two people who started when they were five years old.

Nicholas Lowinger

Nicholas Lowinger lives in Rhode Island in the USA. When he was five years old, he visited a children's home (a place where boys and girls stay if they don't have a place to live). Nicholas wanted to wear his new shoes. His mother didn't want him to, but he didn't know why. When they arrived at the children's home, there were lots of boys and girls without shoes, or who had very old shoes. Nicholas wanted to give his shoes to the children, but he didn't stop there. Five years later, in 2010, he started an organisation to help children's homes. Now the organisation, called Gotta Have Sole, works all over the USA. It collects new shoes from shops and shoe companies, and also has sports competitions to make money for children's homes.

Morgan Lake

Some people are born to win, and Morgan Lake is one of those people. When she was five years old, she started sport, and when she was seven, her dad helped her enter competitions at her local sports club. In 2009, when she was twelve, she was the under-thirteen UK champion for the pentathlon (an athletics competition with five events). She continued to win competitions and in 2016 she travelled to Rio de Janeiro in Brazil as part of the British Olympic team. In Rio she was the first British woman to get to a final in the high jump since 1992. In 2020 she trained and studied psychology at university at the same time. She has a great future as one of Britain's top athletes.