

Describing Food

1. What is your favorite food?
2. Do you prefer sweet or savory food?
3. Do you mostly eat healthy or unhealthy food?
4. Do you often eat out? Do you have a favorite cafe or restaurant?
5. What was the last delicious meal you had?
6. Do you have a favorite dessert?



Part C: Answer the questions below.

1. How much fruit do you eat every day?
2. What meat or poultry do you eat the most often?
3. Do you like seafood?
4. What grain do you cook the most?
5. Do you include dairy products in your diet?
6. Do you often have dessert after dinner?

Adjectives describing food

Part A: Look at the images, and write the matching adjective.

chewy
crunchy
salty

creamy
hot
sour

crispy
juicy
sweet



1. _____



2. _____



3. _____



4. _____



5. _____



6. _____



7. _____



8. _____



9. _____

Part B: Read the sentences and match the negative adjectives with the definitions below.

1. The pasta was **bland** so I added lots of salt and chili.
 2. This chicken has no taste. It is completely **overcooked**.
 3. The chips are too **greasy** for me. They used too much oil.
 4. The bread is **stale** so I will go and buy a new loaf.
 5. I love cheese but it is a bit **fattening**. I limit how much I eat.
- a. Food that is no longer fresh and has become dry and hard.
 - b. Food that is too oily or fatty.
 - c. Food that causes an increase in body fat.
 - d. Food that has been cooked too long and has lost its taste.
 - e. Food that has little or no taste.

Practice

Part A: Read the descriptions and guess the food. Add one description.

1. It is golden brown, crispy on the outside, and soft inside. It is usually fried and served with salty french fries.
2. It is cold and creamy and comes in different flavors. It is served in a cone or a tub.
3. It is green and crunchy and common in a salad.
4. It is a salty fish. It is usually found in a can with water or oil.
5. It is creamy and sweet. It comes in different flavors.
6. When it is plain, it is soft and bland. It is a common food around the world.

Part B: How would you describe the following foods? Use more than one adjective.

1. peanuts: _____
2. chili: _____
3. crisps: _____
4. apples: _____
5. pineapple: _____
6. butter: _____
7. pizza: _____
8. curry: _____
9. grapefruit: _____
10. cookie: _____

Listening and speaking

Part A: Listen to someone describe a traditional dish and answer the questions.

1. What is it?
2. What does it taste like?
3. How often do they eat it?

Part B: Listen again and write the three questions you hear.

1. _____
2. _____
3. _____

Describing food quantity

Part A: What is the difference between the two sentences below?

How much salt is on the spoon?

How many cookies are there in the jar?

Part B: Look at the jars of cookies and match them to the correct quantifier.

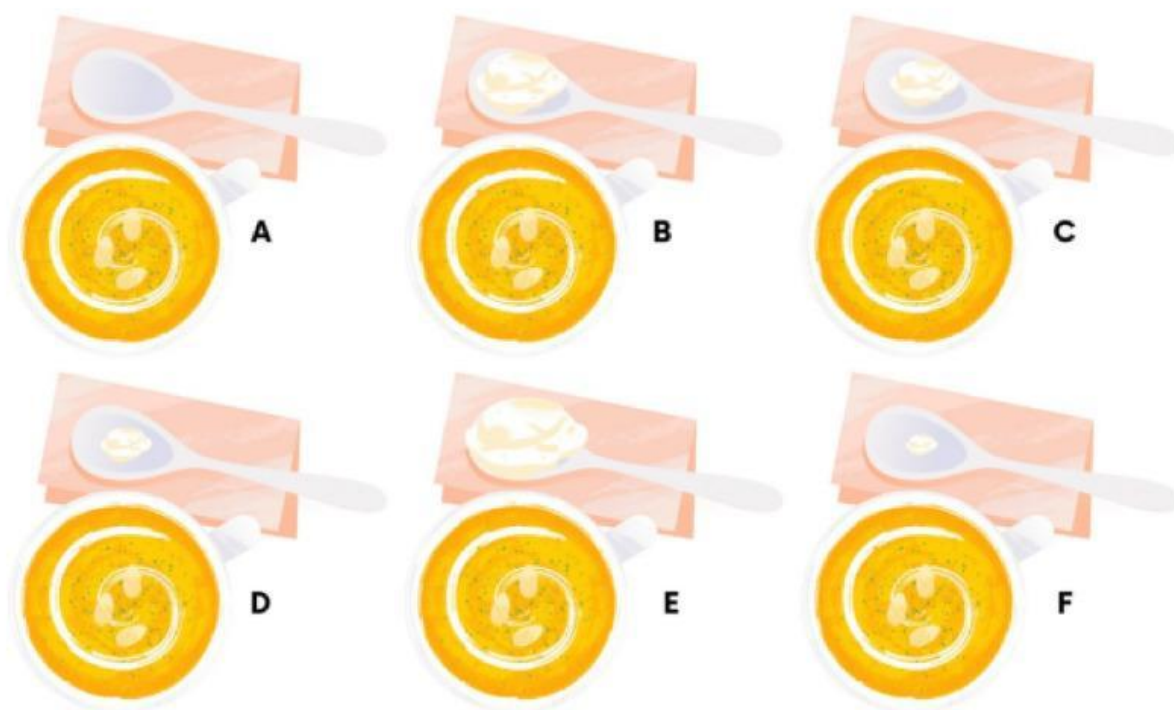


1. some: jar A
2. a lot: jar _____
3. a few: jar _____
4. none: jar _____
5. quite a lot: jar _____
6. not many: jar _____

Part C: Put the short answers from Part B in order of quantity. Then add the long answers to the question.

	short answers	long answers
How many sweets are there in the jar?	a lot, ¹	There are a lot of sweets in the jar.; ²

Part D: Look at the spoons of salt and match them to the correct quantifier. How much salt is needed for the soup in each picture?



1. some: spoon C
2. a lot: spoon _____
3. a little: spoon _____
4. none: spoon _____
5. quite a lot: spoon _____
6. not much: spoon _____

In pairs, give short and long answers to the questions.

1. How much poultry do you have in your diet?
2. How many cookies do you eat a week?
3. How many vegetables do you usually include in your dinner?
4. How much cheese do you like on a pizza?
5. How much sugar is in a can of cola?

Practice

Part A: Put a tick next to the use of each quantifier. The first one has been done.

	countable nouns	uncountable nouns	positive sentences	negative sentences	questions
much		✓		✓	✓
many	✓				
some					
any					
a few					
a little					
a lot of / lots of					

Part B: Choose the correct option to complete the sentences and questions.

1. I don't drink **much** / **many** milk.
2. I had **any** / **some** fresh fruit this morning.
3. I don't have **any** / **some** vegetables in my fridge.
4. I usually put **a little** / **a few** nuts in my salad to give it a crunch.
5. I eat **a few** / **a little** different types of grains.
6. I like to put **a little** / **a few** honey in my tea.
7. I put **a few** / **lots of** garlic in my food. I love it.
8. Do you like **much** / **a lot of** salt in your food?

Part A: Read the following food idioms and match them to the definitions.

1. I thought the exam would be difficult, but it was **a piece of cake**.
2. He used to love exercising, but now he's **a couch potato**.
3. My niece is **a smart cookie**. She aced her exam.

- a. very easy
- b. someone who is not active and spends a lot of time watching TV
- c. very intelligent

1. Are you **a couch potato** or do you prefer to be active?
2. Is learning a language **a piece of cake**?
3. Who is **the smartest cookie** you know?