2nd edition
Solutions **Progress test Unit 5 Test A** **Date:**_____

Name: _____Class:_____ **Total:** _____ **/70**

Grammar

Total: _____ **/100**

1 Complete the dialogue with *some, any, much* or *many*. (Mark: __ /8)

A Let's see. We want to make spaghetti bolognese. Is there 1_____ spaghetti on the shelf?

B Yes, there's a whole packet.

A Fine. How 2_____ beef do we need?

B About 500 grams.

A Well, there isn't 3_____ in the fridge.

B OK, so we need to buy 4_____ beef!

A And vegetables! How 5_____ carrots, tomatoes and onions do we need?

B I know we've got 6_____ carrots. How 7_____ tins of tomatoes do we need?

A One tin is fine.

B OK, we've got two.

A And onions? Are there 8_____ onions in the cupboard?

B Yes, there are!

2 Put the words in the correct order to make sentences or questions. (Mark: __ /6)

1 night / shouldn't / coffee / at / drink / you

_____.

2 people / should / many / we / invite / how

_____?

3 food / you / more / eat / should / healthy

_____.

4 party / Marek / we / invite / the / should / to

_____?

5 a / should / message / he / text / send / her / to

_____.

6 river / shouldn't / they / swimming / the / go / in

_____.

3 Write the sentences using *should* or *shouldn't*. (Mark: __ /6)

1 I want a guitar but I don't have money.
I /save / money _____.

2 It's Mother's Day on Sunday.
we / buy / flowers _____.

3 She wants to be healthy.
she / eat / fast food _____.

4 It's 11 p.m. and I'm tired.
you / go / bed _____.

5 Karol wants to come to the party but he's ill.
we / invite him _____.

6 They are going to be late.
they / phone / their parents _____.

LIVEWORKSHEETS

Vocabulary

4 Match the words below with the correct sentences. (Mark: __ /7)

bananas beef onions carrots salmon peppers butter

1 These vegetables are usually green or red, and sometimes yellow. _____
2 This fish is a pink colour inside. _____
3 These vegetables often make us cry when we cut them up! _____
4 This meat comes from cows. _____
5 These vegetables are long and orange. _____
6 We often put this dairy product on bread. _____
7 These are a long, yellow fruit. _____

5 Underline the wrong word in each group. (Mark: __ /6)

1 **dairy products**: pork / butter / cheese
2 **farm animals**: sheep / cabbage / pigs
3 **animal products**: eggs / honey / olives
4 **processed food**: burgers / fish / sausages
5 **healthy food**: fruit / cake / vegetables
6 **human body**: lamb / arm / leg

6 Write the words in brackets correctly. (Mark: __ /7)

1 She takes her _____ (edeminic) three times a day.
2 He can't walk because his leg is so _____ (pinufla).
3 After work, we like to _____ (exral).
4 This tea helps to _____ (ercu) stomach problems.
5 He goes to the gym as part of his _____ (metertant).
6 The doctor visits her _____ (pestatin) every morning.
7 All the noise gives me a terrible _____ (aaeehhcd).

Use of English

7 Complete the sentences with the words below. There is one word that you do not need.

(Mark: ___ /10)

balanced bowl bunch fattening fizzy how should shouldn't slice tasty would

1 _____ you like a _____ of lemon in your drink?

2 You _____ drink _____ drinks after you clean your teeth! They're full of sugar!

3 Unhealthy food is often _____, but it's usually very _____ too!

4 If you want to buy a snack, you _____ buy a nice _____ of grapes – not chocolate!

5 Many Japanese people believe it's important to have a _____ of rice with their dinner, as part of a _____ diet.

LIVEWORKSHEETS

Listening

8 Listen to the conversation in a café. Choose the correct answers. (Mark: __ /5)

1 Dylan orders _____.

A one dish B two dishes C three dishes

2 Clare can't have any _____.

A rice B olives C noodles

3 Dylan doesn't want any _____.

A rice B noodles C olives

4 Clare orders _____.

A a cold drink B a hot drink C no drink

5 The meal costs _____.

A €20.75 B €25.70 C €27.50

Writing

9 Write a questionnaire about healthy lifestyles for your class. (Mark: ___ /10)

- Ask two questions about food / diet.
- Ask two questions about drinks.
- Ask two questions about doing exercise at home.
- Ask two questions about doing exercise outdoors.

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LIVEWORKSHEETS

Reading

10 Read the text. (Mark: __ /5)

An internet forum

Iliana 14th April 4.30 p.m.

My parents always tell me my lifestyle is unhealthy. Mum says I eat too much fast food, but how much is too much? I go out with my friends twice a week, and we have pizzas, burgers and a coke. Where's the problem? That's what young people normally do! I have lots of fruit at home, I eat normal home cooking – I'm not a fussy eater like a vegan or anything! My dad says I should get more exercise, but he sits on the sofa all day watching the TV!

Magda 14th April 4.50 p.m.

You shouldn't worry about what your parents think! My parents are never happy with what I do, but you learn not to listen! Have you got any brothers or sisters with a food problem? I have a sister who doesn't like vegetables, fish or cheese. She only likes sausages, pasta and fruit! I think she should see a doctor! But my parents don't worry very much – they say it's just part of growing up!

Petra 15th April 11.20 a.m.

You two are lucky! Your parents know how to cook! They should send my parents to a cookery school! We get cabbage four times a week, and take-away meals the other days. When I want some fruit, I have to buy it myself. My father's like Homer Simpson – he eats everything and anything, and then he wants some more! It's painful to watch him and I get a headache from listening to him! Maybe I should go and live with my grandparents – they always have good food!

Write the correct names (Iliana, Magda or Petra) in the blanks.

1 _____ sometimes has fast food.

2 _____ doesn't listen to her parents.

3 _____ prefers her grandparents' cooking.

4 _____'s father doesn't do any exercise.

5 _____'s parents don't give her any fruit.

LIVEWORKSHEETS