



Health matters

1 Read Stella's diary.

Friday

I had a busy day. In the morning, I ate a big breakfast and drank a lot of milk. I went to school with Suzy. Before lunch, I had my favourite lessons, Maths and Science. I saw my Music teacher and took her my project. It's my new song. After lunch, our English teacher gave us an exam. There were 20 questions. I was the first to finish!



Now look for the past tense of these verbs.

1 is	<u>was</u>
2 have	<u></u>
3 eat	<u></u>
4 drink	<u></u>
5 go	<u></u>

6 see	<u></u>
7 take	<u></u>
8 give	<u></u>
9 are	<u></u>

2

Read and complete. Use the past tense verbs from Activity 1.

After school, I ¹ went to the library. There ² lots of new books about famous people. I ³ my Science teacher at the library. She ⁴ me a book on Marie Curie and I ⁵ another book on detectives for Simon. He ⁶ at home in bed because he ⁷ a cold. We ⁸ fish and chips for dinner and I ⁹ some more milk before I went to bed. I love milk!

