

Present Continuous Affirmative

➤ Read the sentence again:

I am helping.

We form the Present Continuous – affirmative:

Subject + present form of the verb 'to be' (_____)+ verb + _____.

Long form

I ___ help___
You _____
He _____
She _____
It _____
We _____
You _____
They _____

Short form

I'___ helping
You'___ helping
He'___ helping
She'___ helping
It'___ helping
We'___ helping
You'___ helping
They'___ helping

We use the Present Continuous with the following **time expressions:

now
right n__w
at the m__ment
tod__y
t__night
th__s year
th__se days