

Present Continuous Affirmative



➤ Read the sentence again:

I am helping.

We form the Present Continuous – affirmative:

Subject + present form of the verb 'to be' (_____)+ **verb** + _____.

Long form

I help

You

He

She

It

We

You

They

Short form

I ' helping

You ' helping

He ' helping

She ' helping

It ' helping

We ' helping

You ' helping

They ' helping

We use the Present Continuous with the following **time expressions:

now

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