

Matching

Firstly, we're going to look at matching and you need to be with a partner. You need to stand side-by-side and everything you do is done together at the same time.

Mirroring

Now we're going to look at mirroring using the exact same move. You are now facing your partner and we working as if we were in a mirror. We both start on opposite legs.

Opposite

Now we're going to look at opposite. We've just done mirroring where we were facing each other. Now we're both facing the front, but still working on opposite sides.

Unison

This is when there's more than two people in the group. Everybody is doing the same thing at the same time. Let's try it in unison.

Formations

This way you can make really simple choreography moves look really spectacular by just having people in different formations on the floor.

So, there are lines, diamonds, circles, semi-circles, squares, triangles, the list is endless, and you can really play around with this and have lots of fun.

Cannon

There are lots of different ways of doing the cannon.

This one is where one person does the move and then stands still, the next person carries on with the move and then stands still, and this carries on down the line for as many people as you have in the line.

The second version of the cannon; one person starts with the move and carries on repeating the move, then everyone joins in individually until everyone is doing the same move.

Motif

And finally motif, this is simply a repeated pattern or repeated action that just keeps popping up throughout the performance which pulls together the whole performance.