



Read each situation. Write one response from a pessimistic perspective and one from an optimistic perspective. Then circle the response that shows how you would actually respond.

1. I have an English exam tomorrow.

An optimist would say

A pessimist would say

2. I've always wanted to move to France. I hope to see the Eiffel Tower one day.

An optimist would say

A pessimist would say

3. I'm going to live in England for a year.

An optimist would say

A pessimist would say

4. I don't feel very well.

An optimist would say

A pessimist would say

5. I'll meet my friends after school. We're going shopping

An optimist would say	A pessimist would say

6. I have 3 missed calls from my dad.

An optimist would say	A pessimist would say

7. I'm having a birthday party tomorrow.

An optimist would say	A pessimist would say

8. I think I've failed a geography test.

An optimist would say	A pessimist would say

9. Mr Brown asked me to stay after class.

An optimist would say	A pessimist would say

10. I can't find my wallet.

An optimist would say	A pessimist would say