



Read each situation. Write one response from a pessimistic perspective and one from an optimistic perspective. Then circle the response that shows how you would actually respond.

1. I have an English exam tomorrow.

| An optimist would say | A pessimist would say |
|-----------------------|-----------------------|
| | |

2. I've always wanted to move to France. I hope to see the Eiffel Tower one day.

| An optimist would say | A pessimist would say |
|-----------------------|-----------------------|
| | |

3. I'm going to live in England for a year.

| An optimist would say | A pessimist would say |
|-----------------------|-----------------------|
| | |

4. I don't feel very well.

| An optimist would say | A pessimist would say |
|-----------------------|-----------------------|
| | |

5. I'll meet my friends after school. We're going shopping

| An optimist would say | A pessimist would say |
|-----------------------|-----------------------|
| | |

6. I have 3 missed calls from my dad.

| An optimist would say | A pessimist would say |
|-----------------------|-----------------------|
| | |

7. I'm having a birthday party tomorrow.

| An optimist would say | A pessimist would say |
|-----------------------|-----------------------|
| | |

8. I think I've failed a geography test.

| An optimist would say | A pessimist would say |
|-----------------------|-----------------------|
| | |

9. Mr Brown asked me to stay after class.

| An optimist would say | A pessimist would say |
|-----------------------|-----------------------|
| | |

10. I can't find my wallet.

| An optimist would say | A pessimist would say |
|-----------------------|-----------------------|
| | |