

Name:_____

Muscular System Quiz

Read the description below and select the letter beside the word that best describes the description.

1. ___ Muscles you can control are called:
   A. cardiac B. balance C. joints D. voluntary

2. ___ Muscles stabilize these.
   A. muscle B. smooth C. joints D. glucose

3. ___ Muscle is tissue in the body that can _____ and relax.
   A. contract B. voluntary C. heart beat D. stretchy fibers

4. ___ All muscles need a type of energy called_____
   A. balance B. contract C. glucose D. heart beat

5. ___ Muscles are bundles of _____ _____
   A. stretchy fibers B. joints C. contract D. voluntary

6. ___ Every move our body makes is controlled by this.
   A. smooth B. cardiac C. muscle D. balance

7. ___ Muscles help the body with posture and _____.
   A. joints B. stretchy fibers C. smooth D. balance

8. ___ There are 3 types of muscles in the body, skeletal, cardiac and _____.
   A. glucose B. muscle C. smooth D. heart beat

9. ___ This is an example and a involuntary muscle.
   A. heart beat B. contract C. voluntary D. cardiac

10. ___ This type of muscle is found around the heart.
    A. glucose B. cardiac C. balance D. voluntary

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